



SANITY

Hablas Espanol?

Quieres devolver lo que gratuitamente se te ha dado?

La linea de auxilio de NA necesita voluntarios urgentemente!

Por favor, consideralo.



Comunicate con tu representante de informacion publica en tu area de servicio para mas informacion. *



Nicky

Sparky, NJRCNA XXV was a great convention. I can't believe it is 25 years since the convention started. Time sure flies. The Convention Committee really knows how to take care of us.



Sparkie

Yeah Nick, the speakers were all very good. I got a lot of great messages of recovery and how to work the Steps. They were good choices.

There is something I don't understand, though, Spark. How come so few people come to the workshop meetings? The Helpline Workshop was really informative. The people who ran it explained everything so well.

I wish I knew the answer to why people don't come to the workshop meetings. I can never repay NA for what it has done for me. Giving back through service work, like being on the Helpline or being part of H & I and going into facilities, institutions, or jails to pass the message of hope through NA, is really working Step Twelve.

It seems like 10% of the people do 90% of the commitments.



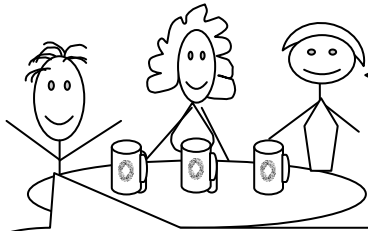
Cookie



When I was still using and reached my bottom, I called the Helpline and they put me in contact with a really cool dude who met me at my first meeting. I was young and scared and crying. He was there for me, man, and I am forever grateful to him and to the Helpline. I was desperate and someone cared. That's why I am on the Helpline myself now. I am getting more calls lately. I understand that the Helpline has a new server and the calls are distributed more evenly since it has become automated.



There is a desperate need for men and women who are fluent in Spanish to be on the Helpline volunteer list. If you know anyone who has awesome recovery and speaks Spanish, and is willing to give back what was so freely given to them, ask them to consider becoming a Helpline volunteer by contacting Public Information.



When I went to rehab, H & I brought in a presentation every Tuesday night. We all really looked forward to that because the people who came in gave us hope that there was a better way to live and that we too could stop using and learn to live without getting high. H & I was influential in changing my whole way of thinking about recovery.

Now that I have an H & I commitment myself, I feel really good that I am giving back and giving a message of hope to those who are new to recovery.



Service work is a great way to stay clean. My first commitment was making coffee and then I became a GSR. I have Chaired meetings and been the Treasurer and Secretary. My first Sponsor, Ray, made sure I got involved and stayed involved. I love NA!

Service Work ~~ You might like it!

Jersey Unity
Upcoming
Conventions



**Thank you to Hector R.
for the translation to Espanola**

TRANSLATION from page one:

- Are you fluent in Spanish?
- Do you want to give back what was so freely given to you?
- Spanish speaking volunteers are desperately needed for the NA Helpline.
- Please consider becoming a volunteer.
- Contact your local Area Service Public Information Chair to find out how.

Hudson Area II
Miracle on the Hudson
August 27-29 2010,
Sheraton Meadowlands
Hotel & Conference Center
Two Meadowlands Plaza,
East Rutherford, New Jersey 07073

Send input and articles to:

Sanity
DavisDuzit
108 Whalepond Road
Oakhurst NJ 07755-1225
732-222-7837



Greater Atlantic Area Convention II

Oct 16, 17, 18 2010
Clarion Hotel
Egg Harbor

davisduzit@verizon.net

Please put 'Sanity' in the subject line.
Editor: *MD*

BASCNA Convention
Bergen Area New Years Eve Convention
December 31, 2010 - January 2, 2011
The Hanover Marriott
1401 Route 10
East Whippany , NJ 07981

Sanity is published every two months as a service of the New Jersey Region for its Groups and Members. Input and articles are welcome on all recovery related topics.

Opinions expressed here are those of individual addicts, not NA as a whole.

Issues of SANITY can be downloaded from the NJ Statewide Website at **www.nanj.org**

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### **Words of Wisdom:**

When in doubt, call your Sponsor.

*Thank you for letting me serve, Margaret D.*

Visit our website at [www.nanj.org](http://www.nanj.org) for details for conventions and events.