

SUNDAY

Kearny

NOON Recovery in NA, First Presbyterian Church, Entrance is on Laurel Ave, 663 Kearny Ave, Kearny, NJ, 07032 **(O,D,S,Tp,WC,NS)**

Lyndhurst

8:00PM The Survival Kit, AMVETS Post 20, 323 New York Ave, Lyndhurst, NJ, 07071 **(C,D,H&W,S,SWG,WC,NS)** Enter through side

Montclair

11:00AM Sunday AM Recovery, Mountainside Hospital, Hospital Conference Room #1 / Parking is free. Parking pass validated at the front desk., 1 Bay Avenue, Montclair, NJ, 07028 **(O,JFT,St,WC,NS,Lc,Gr)**

Nutley

7:30PM Just For Today, Franklin Reformed Church, 45 Hillside Crescent, Nutley, NJ, 07110 **(C,D,JFT,NS,L)**

Verona

7:30PM New Attitudes, United Methodist Church, 26 Montrose Avenue, Verona, NJ, 07044 **(C,D,S,Tp,NS)**

MONDAY

Belleville

8:00PM Recovery By The Book, Fewsmith Presbyterian Church, 444 Union Avenue, Belleville, NJ, 07109 **(O,Bk,D,RR,NS)**

Hoboken

7:00PM Hope Group, St. Joseph's Rectory (basement), parking - right rear, 61 Monroe Street, Hoboken, NJ, 07030 **(C,RR,NS,V)**

Nutley

NOON Good Day To Be Alive, Franklin Reformed Church, 45 Hillside Crescent, Nutley, NJ, 07110 **(O,B,D,NS)**

Verona

8:00PM Foundation Group, Verona United Methodist Church, 26 Montrose Ave. & Hill St., Verona, NJ, 07044 **(O,RR,NS)**

TUESDAY

Cedar Grove

7:30PM Steps To Recovery, Community Church of Cedar Grove, 65 Bowden Road, Cedar Grove, NJ, 07009 **(O,D,S,St,WC,NS)**

Nutley

NOON Good Day To Be Alive, Franklin Reformed Church, 45 Hillside Crescent, Nutley, NJ, 07110 **(O,WC,NS,St1-3)**

WEDNESDAY

Nutley

NOON Good Day To Be Alive, Franklin Reformed Church, 45 Hillside Crescent, Nutley, NJ, 07110 **(O,D,WC,NS)**

7:30PM LifeLine, Grace Episcopal Church, 200 Highfield Lane, Nutley, NJ, 07110 **(O,D,S,WC,NS)**

Verona

8:00PM Recovery Room, Verona United Methodist Church, 26 Montrose Ave. & Hill St., Verona, NJ, 07044 **(O,Bk,D,NS)**

THURSDAY

Belleville

8:00PM Today We Live, Fewsmith Presbyterian Church, Little St. & Union Ave., Belleville, NJ, 07109 **(O,D,S,NS,St1-3)**

Nutley

NOON Good Day To Be Alive, Franklin Reformed Church, 45 Hillside Crescent, Nutley, NJ, 07110 **(O,D,Tp,WC,NS,Gr)**

FRIDAY

Bloomfield

8:00PM Brookdale Friday Night Meeting, Brookdale Reformed Church, 16 Bellevue Avenue, Bloomfield, NJ, 07003 **(O,S,St,WC,NS)**

Glen Ridge

10:00PM Night Crawlers, Glen Ridge Congregational Church, 195 Ridgewood Ave., Glen Ridge, NJ, 07028 **(O,Cn,JFT,RR,NS,Md)**

Livingston

8:00PM Ray Of Hope, Trinity Covenant Church, 343 East Cedar Street, Livingston, NJ, 07039 **(O,D,S,WC,NS)**

Nutley

NOON Good Day To Be Alive, Franklin Reformed Church, 45 Hillside Crescent, Nutley, NJ, 07110 **(O,D,JFT,NS)**

SATURDAY

Belleville

10:00AM Little Miracles, Fewsmith Presbyterian Church, Little St. & Union Ave., Belleville, NJ, 07109 **(O,D,JFT,NS)**

Montclair

8:00PM 12 Step Workshop, First Congregational Church, enter on side street, 40 South Fullerton Ave., Montclair, NJ, 07042 **(O,D,St,NS)**

MEETING FORMAT LEGEND

St	Step	O	Open (anyone welcome)
B	Beginner	D	Discussion
Cn	Candlelight	Bk	Basic Text
C	Closed (addicts only)	JFT	Just for Today
RR	Round Robin	S	Speaker
SWG	Step Working Guides	Tp	Topic
WC	Wheelchair	Md	Meditation
H&W	It Works How and Why	V	Varied
NS	No Smoking	Lc	Living Clean
L	Literature	Gr	Grab Bag
St1-3	Steps 1, 2 and 3		

VIRTUAL MEETINGS



<https://online.nanj.org>



SUBURBAN ESSEX

MEETING LIST

JUNE 2025

24 HOUR HELPLINE

732-933-0462

www.nanj.org

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**

Basic Text, page 65

SUGGESTIONS FOR EVERYONE

Avoid People, Places and Things You Used With/At
Come Early and Stay Late
Don't Use and Go to meetings
Get and Use a Sponsor
Get a Home Group
90 Meetings in 90 Days
Use the Phone
Get involved in Service

KEEP COMING BACK. IT WORKS