

SUNDAY
<b>7:00AM Toms River</b> <i>Morning Miracles</i> , Christ Episcopal Church, 415 Washington Street <b>(O,JFT,Tp,WC,NS)</b>
<b>9:00AM Asbury Park</b> <i>Therapeutic Value Group</i> , Lumley Homes, entrance in back, 1025 2nd Avenue <b>(O,NS,Ta,Gr)</b>
<b>9:30AM Oakhurst</b> <i>Sunday Morning Recovery</i> , Senior Center / West Park Rec Center, Rear Entrance, 615 West Park Avenue <b>(O,D,RR,Tp,WC,NS,HY)</b>
<b>10:00AM Matawan</b> <i>Sunday Morning Meditation</i> , St. Clements House Of Hope, 180 Freneau Ave. (Route 79) <b>(C,JFT,RR,WC,NS,SPAD)</b>
<b>10:00AM Bayville</b> <i>We Do Recover</i> , Bright Harbor, entrance in rear, 160 US Route 9 <b>(O,B,WC,NS,St1-3)</b>
<b>10:30AM Freehold</b> <i>Wellness Group</i> , New Attitudes Clubhouse, 45 Throckmorton Street <b>(O,D,P,S,St,WC,NS)</b>
<b>4:00PM Keansburg</b> <i>Off the Beach</i> , St. Mark's Church Community Center, 247-A Carr Avenue (adjacent field) <b>(O,D,Ro,WC,Y,NS)</b> <i>park on Kennedy Way and enter via ramp - do not use kitchen door</i>
<b>7:00PM Barnegat</b> <i>Let's Get Serious</i> , St. Mary's Church, 747 West Bay Ave. <b>(O,Bk,D,WC,NS)</b>
<b>7:00PM Long Branch</b> <i>Neversink Group</i> , Long Branch Elks Club, 150 Garfield Avenue <b>(O,B,Ro,NS)</b>
<b>7:00PM Beachwood</b> <i>Serenity on Sunday</i> , St. Paul's Lutheran Church, corner Rts. 9 & 166, 130 Cable Ave. <b>(O,P,WC,NS)</b>
<b>7:00PM Union Beach</b> <i>Stepping into Recovery</i> , Grace United Methodist Church, 115 St. James Street <b>(C,D,St,WC,NS)</b>
<b>7:30PM Manalapan</b> <i>Miracles In Manalapan</i> , Old Tennent Presbyterian Church Cemetery, 448 Tennent Road <b>(O,WC,NS,V)</b> <i>In brick building</i>
<b>7:30PM Point Pleasant</b> <i>Recovery by the Sea</i> , Church of Saint Martha, btwn. Rt. 70 & 88, side entrance, 3800 Herbertsville Rd. <b>(O,S,NS,Gr)</b>
MONDAY
<b>7:00AM Toms River</b> <i>Morning Miracles</i> , Christ Episcopal Church, 415 Washington Street <b>(O,JFT,Tp,WC,NS)</b>
<b>NOON Toms River</b> <i>Recovery at High Noon</i> , Christ Episcopal Church, Room 4, downstairs, 415 Washington St. <b>(O,D,JFT,NS)</b> <i>use main entrance near office</i>

MONDAY (CONT)
<b>6:30PM Asbury Park</b> <i>Monday Night Madness</i> , Q Spot, 1601 Asbury Ave. <b>(C,Ro,NS)</b>
<b>6:30PM Toms River</b> <i>Recovery by the Book</i> , Christ Episcopal Church, Room 3, downstairs, 415 Washington St. <b>(C,D,NC,Ro,WC,NS,L)</b>
<b>7:00PM Eatontown</b> <i>Exit Addiction 105</i> , St. James Memorial Episcopal Church, 69 Broad Street <b>(O,Ro)</b>
<b>7:00PM Toms River</b> <i>Monday Night Fire</i> , First United Methodist Church, 129 Chestnut Street <b>(C,Ro,WC,NS)</b>
<b>7:00PM Toms River</b> <i>Wonder Women</i> , House of Hope Bldg, rear entrance, Lower level, 253 Chestnut Street <b>(C,Bk,D,Ro,W,WC,NS,HY)</b>
<b>7:30PM Freehold</b> <i>Hope in Freehold</i> , Reformed Church of Freehold, 67 West Main street <b>(O,WC,NS,V)</b>
<b>7:30PM Union Beach</b> <i>We Will Survive Group</i> , Grace United Methodist Church, enter on Floyd Ave., 115 St. James Ave. <b>(O,D,NS,L)</b>
<b>8:00PM Matawan</b> <i>Living Clean Just For Today</i> , St. Clements House of Hope, 180 Freneau Avenue <b>(O,JFT,S,WC,NS,Lc)</b>
<b>8:00PM Toms River</b> <i>Men In Recovery</i> , The Expert Touch, 1021 Rt 37 W <b>(C,D,M,St,NS)</b>
<b>8:00PM Forked River</b> <i>Recovery Is Possible</i> , United Methodist Church, 203 Lacey Road <b>(C,D,S,St,Tp,NS)</b>
TUESDAY
<b>7:00AM Toms River</b> <i>Morning Miracles</i> , Christ Episcopal Church, 415 Washington Street <b>(O,JFT,Tp,WC,NS)</b>
<b>NOON Toms River</b> <i>Majoring In Recovery</i> , Ocean County College, Building 5, Room 202, 1 College Dr <b>(O,D,WC,L)</b> <i>for inclement weather closings visit <a href="http://www.ocean.edu">www.ocean.edu</a></i>
<b>NOON Toms River</b> <i>Recovery at High Noon</i> , Christ Episcopal Church, Room 4, downstairs, 415 Washington St. <b>(O,D,JFT,NS)</b> <i>use main entrance near office</i>
<b>6:30PM Brick</b> <i>S.Y.A.</i> , Saint Thomas Lutheran Church, 135 Salmon St. <b>(C,Bk,NS)</b>
<b>7:00PM Manasquan</b> <i>Blessings by the Sea</i> , Holy Trinity Church, 6 Osborn Avenue <b>(O,JFT,S,NS)</b>
<b>7:00PM Beachwood</b> <i>Why We Stay</i> , St. Paul's Lutheran Church, 130 Cable Avenue <b>(C,D,Tp,WC,NS,Lc)</b> <i>Children welcome</i>
<b>7:15PM Manalapan</b> <i>Recovery in Manalapan</i> , Old Tennent Presbyterian Church, 448 Tennent Road <b>(O,WC,NS,V)</b> <i>In brick building</i>

TUESDAY (CONT)
<b>7:30PM Point Pleasant</b> <i>12 Steps &amp; Beyond</i> , Point Pleasant Presbyterian Church, Education Annex, 700 Foreman Ave. <b>(C,D,S,St,Tp,NS)</b>
<b>7:30PM Jackson</b> <i>Help Somebody Group</i> , Debows United Methodist Church, 509 Monmouth Road <b>(C,WC,NS,L)</b>
<b>7:30PM Lanoka Harbor</b> <i>Never Alone, Never Again</i> , Village Lutheran Church, 701 Western Blvd. <b>(C,D,JFT,NS)</b>
<b>7:30PM Matawan</b> <i>Principles Before Personalities</i> , St. Clements House Of Hope, 180 Freneau Avenue <b>(O,SWG,St,Td,WC,NS)</b>
<b>7:30PM Keyport</b> <i>Twelve Steps to Freedom</i> , Calvary Methodist Church, 3rd and Osborn Streets <b>(C,Cn,D,St,WC,NS)</b>
<b>7:30PM Asbury Park</b> <i>Twelve Steps to Freedom</i> , Trinity Church, 503 Asbury Avenue <b>(O,Bk,D,S,St,WC,NS)</b>
<b>8:30PM Toms River</b> <i>Get To Steppin'</i> , First United Methodist Church of Toms River, 129 Chestnut Street <b>(O,D,SWG,NS)</b>
WEDNESDAY
<b>7:00AM Toms River</b> <i>Morning Miracles</i> , Christ Episcopal Church, 415 Washington Street <b>(O,Tp,WC,NS,Lc)</b>
<b>NOON Toms River</b> <i>Recovery at High Noon</i> , Christ Episcopal Church, Room 4, downstairs, 415 Washington St. <b>(O,D,JFT,NS)</b> <i>use main entrance near office</i>
<b>6:30PM Lakehurst</b> <i>Cover to Recover</i> , Presbyterian Church, 212 Pine Street <b>(C,Bk,D,WC,NS)</b>
<b>7:00PM Asbury Park</b> <i>Against All Odds</i> , The Center House, at Memorial Dr., 806 3rd Ave. <b>(O,D,S,St,NS)</b>
<b>7:00PM Manahawkin</b> <i>It's A Great Way To Start Living</i> , St. Mary of the Pines Parish Ctr., Room 11, 100 Bishop Lane <b>(O,B,Cn,St,WC,NS)</b>
<b>7:00PM Toms River</b> <i>Share the Hope</i> , Christ Episcopal Church, 415 Washington Street <b>(O,JFT,Tp,WC,NS)</b> <i>Under gazebo, bring chair</i>
<b>7:00PM Red Bank</b> <i>Women Kicking It</i> , First Baptist Church of Red Bank, 84 Maple Ave. <b>(O,W,NS,V)</b>
<b>7:30PM Howell</b> <i>Home in Howell</i> , Prince of Peace Lutheran Church, 434 Aldrich Road <b>(O,S,St,Tp,NS,Gr,SPAD)</b>
<b>7:30PM Matawan</b> <i>The Steps and Traditions Work</i> , First Presbyterian Church, upstairs, Rt. 34 at Franklin Ave. <b>(C,Cn,D,S,St,Td,NS)</b>

WEDNESDAY (CONT)
<b>7:30PM Eatontown</b> <i>We Had to Hear It Group</i> , St. James Episcopal Church, parish hall behind church, 69 Broad St. (Rte.71) <b>(C,D,S,Tp,NS)</b>
<b>8:00PM Asbury Park</b> <i>It Gets Better</i> , Q Spot, 1601 Asbury Ave. <b>(O,G,JFT,St,NS)</b> <i>LGBTQ</i>
<b>8:00PM Forked River</b> <i>It Works How &amp; Why</i> , Lacey United Methodist Church, 203 Lacey Road <b>(O,D,H&amp;W,NS)</b>
THURSDAY
<b>7:00AM Toms River</b> <i>Morning Miracles</i> , Christ Episcopal Church, 415 Washington Street <b>(O,JFT,Tp,WC,NS)</b>
<b>NOON Long Branch</b> <i>Bring A Friend</i> , Long Branch Public Library, side entrance, 328 Broadway <b>(O,D,JFT,Tp,WC,NS)</b>
<b>NOON Toms River</b> <i>Recovery at High Noon</i> , Christ Episcopal Church, Room 4, downstairs, 415 Washington St. <b>(O,D,JFT,NS)</b> <i>use main entrance near office</i>
<b>6:00PM Toms River</b> <i>Step Working Women</i> , B.R.E.W. Grounds Recovery Cafe, 954 Route 166 <b>(O,RR,SWG,W)</b>
<b>6:30PM Brick Township</b> <i>Speakin' On The Steps</i> , Brick Presbyterian Church, 111 Drumpoint Road <b>(O,D,S,St,NS)</b>
<b>7:00PM Manasquan</b> <i>Manasquan 11th Step</i> , Holy Trinity Church, Downstairs, 6 Osborn Ave <b>(H&amp;W)</b>
<b>7:00PM Belmar</b> <i>Recovery by the Sea</i> , Belmar Presbyterian Church, enter on E Street, 600 9th Avenue <b>(C,D,S,St,NS,HY)</b>
<b>7:00PM Freehold</b> <i>Sisters Seeking Serenity</i> , Hope Lutheran Church, near Jackson Mills Rd., 211 Elton-Adelphia Rd. <b>(O,D,S,W,WC,NS)</b>
<b>7:30PM Matawan</b> <i>Cut To The Chase</i> , Trinity Episcopal Church, all the way at dead end, 18 Ryers Lane <b>(O,Ro,WC,NS)</b>
<b>7:30PM Seaside Heights</b> <i>New Heights</i> , Our Lady Of Perpetual Help Church, 100 Grant Avenue <b>(O,S,St,WC,NS)</b>
<b>7:30PM Manahawkin</b> <i>Recovery Road</i> , Ocean Community Church, 1492 Rt 72 West <b>(C,D,S,NS)</b>
<b>8:00PM Toms River</b> <i>Principles Before Personalities</i> , Pinelands Reformed Church, near Mule Rd., 898 Rt. 37 W. <b>(O,D,S,Td,WC,NS,Lc)</b>
<b>8:00PM Oakhurst</b> <i>We Dare to Care</i> , West Park Recreation Center, 615 West Park Ave. <b>(O,Ro,NS)</b>

## FRIDAY

**7:00AM Toms River Morning Miracles**, Christ Episcopal Church, 415 Washington Street **(O,JFT,Tp,WC,NS)**

**NOON Toms River Recovery at High Noon**, Christ Episcopal Church, Room 4, downstairs, 415 Washington St. **(O,D,JFT,NS)** use main entrance near office

**6:30PM Toms River Prayer and Meditation**, The Log Cabin, 8th Ave. & Morningside St. **(C,H&W,WC,NS,Md)**

**6:30PM Asbury Park We Do Recover**, The Center House, 806 3rd Avenue **(O,D,WC,NS,L)**

**6:45PM Keansburg Friday Night Live!**, St. Mark's Church Community Center, 247-A Carr Avenue (adjacent field) **(O,D,WC,NS,Lc)** park on Kennedy Way and enter via ramp - do not use kitchen door

**7:00PM Point Pleasant Clean Livin'**, Good Shepherd Lutheran Church, 708 Route 88 **(O,D,Ro,S,St,Td,NS,Lc)**

**7:15PM Jackson Stop the Insanity**, Jackson United Methodist Church, 68 Bennetts Mills Road **(O,WC,NS,V)**

**7:15PM Matawan Women Seeking Recovery**, St. Clements House Of Hope, 180 Freneau Avenue **(C,W,WC,NS,V)**

**7:30PM Bayville At The End of The Road**, Saint Barnabas Church, 33 Woodland Road **(O,D,RR,Tp,WC,NS)**

**8:00PM Red Bank Blessings of Recovery**, AME Zion Church, corner J. Parker Blvd. (West Bergen), 285 Shrewsbury Ave. **(C,B,S,NS)** basement entrance

**8:00PM Oakhurst Friday Night Hope**, Ocean Township Rec Center, 615 West Park Ave. **(O,Cn,Ro,RR,WC,NS)**

**8:00PM Matawan Men About Recovery**, Trinity Episcopal Church, off Route 79, 18 Ryers Lane **(C,D,JFT,M,St,WC,NS)**

**8:00PM Englishtown Never Too Late**, First Presbyterian Church of Englishtown, 50 N. Main Street **(O,JFT,S,WC,NS)**

**8:00PM Lavallette The Journey Continues**, Faith Lutheran Church, 1801 Grand Central Ave. (Route 35N) **(C,D,WC,NS,Lc)**

## SATURDAY

**7:00AM Toms River Morning Miracles**, Christ Episcopal Church, 415 Washington Street **(O,JFT,Tp,WC,NS)**

**11:00AM Matawan Miracles in Matawan**, Trinity Episcopal Church, all the way at dead end, 18 Ryers Lane **(C,D,Ro,St,Tp,WC,NS)**

## SATURDAY (CONT)

**11:00AM Asbury Park One Primary Purpose**, The Center House, at Memorial Drive, 806 3rd Avenue **(O,D,NS)**

**NOON Toms River Recovery at High Noon**, Christ Episcopal Church, Room 4, downstairs, 415 Washington St. **(O,D,JFT,NS)** use main entrance near office

**6:30PM Asbury Park Live Better Group**, Em-Power Me, 1012 B Springwood Ave **(O,Ro,S,WC,NS,V)**

**7:00PM Manalapan Surrender To Change**, Old Tennent Presbyterian Church Cemetary, inside Neefe Chapel - do not park on grass, 448 Tennent Road **(O,NS,V)** Memorial Day to Labor Day in brick bldg.

**7:30PM Toms River Get Another Day**, Christ Episcopal Church, 415 Washington Street **(O,Bk,D,WC,NS)**

**7:30PM Tuckerton Our Gratitude Speaks**, Church of the Holy Spirit, 220 E. Main Street **(O,D,S,WC,NS)**

**7:30PM Middletown (Belford) Sanity through Spirituality Group**, St. Mary's Church, basement, 26 Leonardville Road **(O,Ro,S,WC,NS)**

**10:30PM Toms River Alive on Saturday Night**, BREW Grounds Cafe, 954 Rt-166 **(O,RR,WC,NS)** 5th Week Speaker

**11:00PM Keansburg Kleansburg Group**, Kitchen At St. Mark's, Next to Parish Hall, Corner of Myrtle Ave & Kennedy Way **(O,D,S,WC,NS)**

M	Men	St	Step
O	Open (anyone welcome)	B	Beginner
D	Discussion	Cn	Candlelight
Bk	Basic Text	C	Closed (addicts only)
G	Gay/Lesbian	P	Pamphlet
JFT	Just for Today	RR	Round Robin
S	Speaker	SWG	Step Working Guides
Tp	Topic	Td	Tradition
WC	Wheelchair	Y	Youth
Ro	Rotating	W	Women
Md	Meditation	H&W	It Works How and Why
NC	No Children	Ta	Tag
V	Varied	NS	No Smoking
Lc	Living Clean	L	Literature
Gr	Grab Bag	HY	Hybrid Meeting
SPAD	Spiritual Principle A Day	St1-3	Steps 1, 2 and 3

## VIRTUAL MEETINGS



<https://online.nanj.org>

## PHONE NUMBERS

## What is our message?

The message is that an addict,  
any addict, can stop using  
drugs,  
lose the desire to use,  
and find a new way to live.  
Our message is hope  
and the promise of freedom.



Combined Area Meeting  
list for:

**Central Jersey Area  
Ocean Area**

**JANUARY 2026**

**24 HOUR HELPLINE**  
732-933-0462

**[www.nanj.org](http://www.nanj.org)**

**SUGGESTIONS FOR  
EVERYONE**

Avoid People, Places and Things You  
Used With/At

Come Early and Stay Late

Don't Use and Go to meetings

Get and Use a Sponsor

Get a Home Group

90 Meetings in 90 Days

Use the Phone

Get involved in Service

**KEEP COMING BACK. IT  
WORKS**