

**SUNDAY**

**7:00AM Toms River Morning Miracles**, Christ Episcopal Church, 415 Washington Street **(O,JFT,Tp,WC,NS)**

**9:00AM Asbury Park Therapeutic Value Group**, Lumley Homes, entrance in back, 1025 2nd Avenue **(O,NS,Ta,Gr)**

**9:30AM Oakhurst Sunday Morning Recovery**, Senior Center / West Park Rec Center, Rear Entrance, 615 West Park Avenue **(O,D,RR,Tp,WC,NS,HY)**

**10:00AM Matawan Sunday Morning Meditation**, St. Clements House Of Hope, 180 Freneau Ave. (Route 79) **(C,JFT,RR,WC,NS,SPAD)**

**10:00AM Bayville We Do Recover**, Bright Harbor, entrance in rear, 160 US Route 9 **(O,B,WC,NS,St1-3)**

**10:30AM Freehold Wellness Group**, New Attitudes Clubhouse, 45 Throckmorton Street **(O,D,P,S,St,WC,NS)**

**1:30PM Keansburg Mixed Nuts (MICA / PTSD focus)**, St. Mark's Church Community Center, 13 Kennedy Way & Carr Ave. **(O,B,D,P,JFT,WC,NS)** use wheelchair ramp behind small church

**3:00PM Keansburg Off The Beach**, St. Mark's Church Community Center, 13 Kennedy Way & Carr Ave. **(O,D,Ro,WC,Y,NS)** use wheelchair ramp behind small church

**6:00PM Toms River Friends of Jimmy K**, Christ Episcopal Church, 415 Washington Street **(O,H&W,S,St)**

**7:00PM Barnegat Let's Get Serious**, St. Mary's Church, 747 West Bay Ave. **(O,Bk,D,WC,NS)**

**7:00PM Long Branch Neversink Group**, Long Branch Elks Club, 150 Garfield Avenue **(O,B,Ro,NS)**

**7:00PM Beachwood Serenity on Sunday**, St. Paul's Lutheran Church, corner Rts. 9 & 166, 130 Cable Ave. **(O,P,WC,NS)**

**7:00PM Union Beach Stepping into Recovery**, Grace United Methodist Church, 115 St. James Street **(C,D,St,WC,NS)**

**7:30PM Manalapan Miracles In Manalapan**, Old Tennent Presbyterian Church Cemetery, 448 Tennent Road **(O,WC,NS,V)** In brick building

**7:30PM Point Pleasant Recovery by the Sea**, Church of Saint Martha, btwn. Rt. 70 & 88, side entrance, 3800 Herbertsville Rd. **(O,S,NS,Gr)**

**MONDAY**

**7:00AM Toms River Morning Miracles**, Christ Episcopal Church, 415 Washington Street **(O,JFT,Tp,WC,NS)**

**NOON Toms River Recovery at High Noon**, Christ Episcopal Church, Room 4, downstairs, 415 Washington St. **(O,D,JFT,NS)** use main entrance near office

**6:30PM Asbury Park Monday Night Madness**, Q Spot, 1601 Asbury Ave. **(C,Ro,NS)**

**6:30PM Toms River Recovery by the Book**, Christ Episcopal Church, Room 3, downstairs, 415 Washington St. **(C,D,NC,Ro,WC,NS,L)**

**7:00PM Eatontown Exit Addiction 105**, St. James Memorial Episcopal Church, 69 Broad Street **(O,Ro)**

**7:00PM Toms River Monday Night Fire**, First United Methodist Church, 129 Chestnut Street **(C,Ro,WC,NS)**

**7:00PM Toms River Wonder Women**, House of Hope Bldg, rear entrance, Lower level, 253 Chestnut Street **(C,Bk,D,Ro,W,WC,NS)**

**7:30PM Freehold Hope in Freehold**, Reformed Church of Freehold, 67 West Main street **(O,WC,NS,V)**

**7:30PM Union Beach We Will Survive Group**, Grace United Methodist Church, enter on Floyd Ave., 115 St. James Ave. **(O,D,NS,L)**

**8:00PM Farmingdale Be in the Solution**, The Farm, In the Barn, plenty of parking, 260 Casino Drive **(O,Ro,S,NS,L)**

**8:00PM Toms River Men In Recovery**, The Expert Touch, 1021 Rt 37 W **(C,D,M,St,NS)**

**8:00PM Forked River Recovery Is Possible**, United Methodist Church, 203 Lacey Road **(C,D,S,St,Tp,NS)**

**TUESDAY**

**7:00AM Toms River Morning Miracles**, Christ Episcopal Church, 415 Washington Street **(O,JFT,Tp,WC,NS)**

**NOON Toms River Recovery at High Noon**, Christ Episcopal Church, Room 4, downstairs, 415 Washington St. **(O,D,JFT,NS)** use main entrance near office

**6:30PM Brick S.Y.A.**, Saint Thomas Lutheran Church, 135 Salmon St. **(C,Bk,NS)**

**7:00PM Manasquan Blessings by the Sea**, Holy Trinity Church, 6 Osborn Avenue **(O,JFT,S,NS)**

**7:00PM Beachwood Why We Stay**, St. Paul's Lutheran Church, 130 Cable Avenue **(C,D,Tp,WC,NS,Lc)** Children welcome

**TUESDAY (CONT)**

**7:15PM Manalapan Recovery in Manalapan**, Old Tennent Presbyterian Church, 448 Tennent Road **(O,WC,NS,V)** In brick building

**7:30PM Point Pleasant 12 Steps & Beyond**, Point Pleasant Presbyterian Church, Education Annex, 700 Foreman Ave. **(C,D,S,St,Tp,NS)**

**7:30PM Jackson Help Somebody Group**, Debows United Methodist Church, 509 Monmouth Road **(C,WC,NS,L)**

**7:30PM Lanoka Harbor Never Alone, Never Again**, Village Lutheran Church, 701 Western Blvd. **(C,D,JFT,NS)**

**7:30PM Matawan Principles Before Personalities**, St. Clements House Of Hope, 180 Freneau Avenue **(O,SWG,St,Td,WC,NS)**

**7:30PM Keyport Twelve Steps to Freedom**, Calvary Methodist Church, 3rd and Osborn Streets **(C,Cn,D,St,WC,NS)**

**7:30PM Asbury Park Twelve Steps to Freedom**, Trinity Church, 503 Asbury Avenue **(O,Bk,D,S,St,WC,NS)**

**8:30PM Toms River Get To Steppin'**, First United Methodist Church of Toms River, 129 Chestnut Street **(O,D,SWG,NS)**

**WEDNESDAY**

**7:00AM Toms River Morning Miracles**, Christ Episcopal Church, 415 Washington Street **(O,Tp,WC,NS,Lc)**

**NOON Toms River Recovery at High Noon**, Christ Episcopal Church, Room 4, downstairs, 415 Washington St. **(O,D,JFT,NS)** use main entrance near office

**6:30PM Lakehurst Cover to Recover**, Presbyterian Church, 212 Pine Street **(C,Bk,D,WC,NS)**

**7:00PM Asbury Park Against All Odds**, The Center House, at Memorial Dr., 806 3rd Ave. **(O,D,S,St,NS)**

**7:00PM Manahawkin It's A Great Way To Start Living**, St. Mary of the Pines Parish Ctr., Room 11, 100 Bishop Lane **(O,B,Cn,St,WC,NS)**

**7:00PM Toms River Share the Hope**, Christ Episcopal Church, 415 Washington Street **(O,JFT,Tp,WC,NS)** Under gazebo, bring chair

**7:00PM Red Bank Women Kicking It**, First Baptist Church of Red Bank, 84 Maple Ave. **(O,W,NS,V)**

**7:30PM Howell Home in Howell**, Prince of Peace Lutheran Church, 434 Aldrich Road **(O,S,St,Tp,NS,Gr,SPAD)**

**WEDNESDAY (CONT)**

**7:30PM Matawan The Steps and Traditions Work**, First Presbyterian Church, upstairs, Rt. 34 at Franklin Ave. **(C,Cn,D,S,St,Td,NS)**

**7:30PM Eatontown We Had to Hear It Group**, St. James Episcopal Church, parish hall behind church, 69 Broad St. (Rte.71) **(C,D,S,Tp,NS)**

**8:00PM Asbury Park It Gets Better**, Q Spot, 1601 Asbury Ave. **(O,G,JFT,St,NS)** LGBTQ

**8:00PM Forked River It Works How & Why**, Lacey United Methodist Church, 203 Lacey Road **(O,D,H&W,NS)**

**THURSDAY**

**7:00AM Toms River Morning Miracles**, Christ Episcopal Church, 415 Washington Street **(O,JFT,Tp,WC,NS)**

**NOON Long Branch Bring A Friend**, Long Branch Public Library, side entrance, 328 Broadway **(O,D,JFT,Tp,WC,NS)**

**NOON Toms River Recovery at High Noon**, Christ Episcopal Church, Room 4, downstairs, 415 Washington St. **(O,D,JFT,NS)** use main entrance near office

**6:00PM Toms River Step Working Women**, B.R.E.W. Grounds Recovery Cafe, 954 Route 166 **(O,RR,SWG,W)**

**6:30PM Brick Township Speakin' On The Steps**, Brick Presbyterian Church, 111 Drumpoint Road **(O,D,S,St,NS)**

**7:00PM Manasquan Manasquan 11th Step**, Holy Trinity Church, Downstairs, 6 Osborn Ave **(H&W)**

**7:00PM Belmar Recovery by the Sea**, Belmar Presbyterian Church, enter on E Street, 600 9th Avenue **(C,D,S,St,NS,HY)**

**7:00PM Freehold Sisters Seeking Serenity**, Hope Lutheran Church, near Jackson Mills Rd., 211 Elton-Adelphia Rd. **(O,D,S,W,WC,NS)**

**7:30PM Matawan Cut To The Chase**, Trinity Episcopal Church, all the way at dead end, 18 Ryers Lane **(O,Ro,WC,NS)**

**7:30PM Seaside Heights New Heights**, Our Lady Of Perpetual Help Church, 100 Grant Avenue **(O,S,St,WC,NS)**

**7:30PM Manahawakin Recovery Road**, Ocean Community Church, 1492 Rt 72 West **(C,D,S,NS)**

**8:00PM Toms River Principles Before Personalities**, Pinelands Reformed Church, near Mule Rd., 898 Rt. 37 W.

**(O,D,S,St,WC,NS,Lc)**

**8:00PM Oakhurst We Dare to Care**, West Park Recreation Center, 615 West Park Ave. **(O,Ro,NS)**

**FRIDAY**

**7:00AM Toms River Morning Miracles**, Christ Episcopal Church, 415 Washington Street **(O,JFT,Tp,WC,NS)**

**NOON Toms River Recovery at High Noon**, Christ Episcopal Church, Room 4, downstairs, 415 Washington St. **(O,D,JFT,NS)** use main entrance near office

**1:30PM Keansburg That Was Then ... This Is Now!!**, St. Mark's Church Community Center, 13 Kennedy Way & Carr Ave. **(O,D,P,JFT,St,WC,NS)** use wheelchair ramp behind small church

**6:30PM Toms River Prayer and Meditation**, The Log Cabin, 8th Ave. & Morningside St. **(C,H&W,WC,NS,Md)**

**6:30PM Asbury Park We Do Recover**, The Center House, 806 3rd Avenue **(O,D,WC,NS,L)**

**7:00PM Point Pleasant Clean Livin'**, Good Shepherd Lutheran Church, 708 Route 88 **(O,D,Ro,S,St,Td,NS,Lc)**

**7:15PM Jackson Stop the Insanity**, Jackson United Methodist Church, 68 Bennetts Mills Road **(O,WC,NS,V)**

**7:15PM Matawan Women Seeking Recovery**, St. Clements House Of Hope, 180 Freneau Avenue **(C,W,WC,NS,V)**

**7:30PM Bayville At The End of The Road**, Saint Barnabas Church, 33 Woodland Road **(O,D,RR,Tp,WC,NS)**

**8:00PM Red Bank Blessings of Recovery**, AME Zion Church, corner J. Parker Blvd. (West Bergen) 285 Shrewsbury Ave. **(C,B,S,NS)** basement entrance

**8:00PM Oakhurst Friday Night Hope**, Ocean Township Rec Center, 615 West Park Ave. **(O,Cn,Ro,RR,WC,NS)**

**8:00PM Matawan Men About Recovery**, Trinity Episcopal Church, off Route 79, 18 Ryers Lane **(C,D,JFT,M,St,WC,NS)**

**8:00PM Englishtown Never Too Late**, First Presbyterian Church of Englishtown, 50 N. Main Street **(O,JFT,S,WC,NS)**

**8:00PM Lavallette The Journey Continues**, Faith Lutheran Church, 1801 Grand Central Ave. (Route 35N) **(C,D,WC,NS,Lc)**

**SATURDAY**

**7:00AM Toms River Morning Miracles**, Christ Episcopal Church, 415 Washington Street **(O,JFT,Tp,WC,NS)**

**11:00AM Matawan Miracles in Matawan**, Trinity Episcopal Church, all the way at dead end, 18 Ryers Lane **(C,D,Ro,St,Tp,WC,NS)**

**SATURDAY (CONT)**

**11:00AM Asbury Park One Primary Purpose**, The Center House, at Memorial Drive, 806 3rd Avenue **(O,D,NS)**

**NOON Toms River Recovery at High Noon**, Christ Episcopal Church, Room 4, downstairs, 415 Washington St. **(O,D,JFT,NS)** use main entrance near office

**6:30PM Asbury Park Live Better Group**, Em-Power Me, 1012 B Springwood Ave **(O,Ro,S,WC,NS,V)**

**7:00PM Manalapan Surrender To Change**, Old Tennent Presbyterian Church Cemetary, inside Neefe Chapel - do not park on grass, 448 Tennent Road **(O,NS,V)** Memorial Day to Labor Day in brick bldg.

**7:30PM Toms River Get Another Day**, Christ Episcopal Church, 415 Washington Street **(O,Bk,D,WC,NS)**

**7:30PM Tuckerton Our Gratitude Speaks**, Church of the Holy Spirit, 220 E. Main Street **(O,D,S,WC,NS)**

**7:30PM Middletown (Belford) Sanity through Spirituality Group**, St. Mary's Church, basement, 26 Leonardville Road **(O,Ro,S,WC,NS)**

**10:30PM Toms River Alive on Saturday Night**, BREW Grounds Cafe, 954 Rt-166 **(O,RR,WC,NS)** 5th Week Speaker

**11:00PM Keansburg Kleansburg Group**, St. Mark's Church Community Center, 13 Kennedy Way & Carr Ave. **(O,D,S,WC,NS)** use wheelchair ramp behind small church

M	Men	St	Step
O	Open (anyone welcome)	B	Beginner
D	Discussion	Cn	Candlelight
Bk	Basic Text	C	Closed (addicts only)
G	Gay/Lesbian	P	Pamphlet
JFT	Just for Today	RR	Round Robin
S	Speaker	SWG	Step Working Guides
Tp	Topic	Td	Tradition
WC	Wheelchair	Y	Youth
Ro	Rotating	W	Women
Md	Meditation	H&W	It Works How and Why
NC	No Children	Ta	Tag
V	Varied	NS	No Smoking
Lc	Living Clean	L	Literature
Gr	Grab Bag	HY	Hybrid Meeting
SPAD	Spiritual Principle A Day	St1-3	Steps 1, 2 and 3

**VIRTUAL MEETINGS**



<https://online.nanj.org>

**PHONE NUMBERS**

**What is our message?**  
**The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.**



Combined Area Meeting  
list for:

**Central Jersey Area  
Ocean Area**

**MAY 2026**

**24 HOUR HELPLINE**  
732-933-0462

**[www.nanj.org](http://www.nanj.org)**

**SUGGESTIONS FOR  
EVERYONE**

Avoid People, Places and Things You  
Used With/At

Come Early and Stay Late

Don't Use and Go to meetings

Get and Use a Sponsor

Get a Home Group

90 Meetings in 90 Days

Use the Phone

Get involved in Service

**KEEP COMING BACK. IT  
WORKS**