SUNDAY

7:00AM Toms River *Morning Miracles*, Christ Episcopal Church, 415 Washington Street **(O,JFT,Tp,WC,NS)**

9:00AM Asbury Park *Therapeutic Value Group*, Lumley Homes, entrance in back, 1025 2nd Avenue **(O,NS,Ta,Gr)**

9:30AM Oakhurst *Sunday Morning Recovery*, Senior Center / West Park Rec Center, Rear Entrance, 615 West Park Avenue **(O,D,RR,Tp,WC,NS,HY)**

10:00AM Matawan *Sunday Morning Meditation*, St. Clements House Of Hope, 180 Freneau Ave. (Route 79) **(C,JFT,RR,WC,NS,SPAD)**

10:00AM Bayville *We Do Recover*, Bright Harbor, entrance in rear, 160 US Route 9 **(O,B,WC,NS,St1-3)**

10:30AM Freehold *Wellness Group*, New Attitudes Clubhouse, 45 Throckmorton Street **(O,D,P,S,St,WC,NS)**

1:30PM Keansburg *Bayshore Beginners Brunch*, St. Mark's Church Community Center, 13 Kennedy Way & Carr Ave. **(O,B,D,P,JFT,WC,NS)** *use wheelchair ramp behind small church*

6:00PM Toms River *Friends of Jimmy K*, Christ Episcopal Church, 415 Washington Street **(O,H&W,S,St)**

7:00PM Barnegat *Let's Get Serious*, St. Mary's Church, 747 West Bay Ave. **(O,Bk,D,WC,NS)**

7:00PM Long Branch *Neversink Group*, Long Branch Elks Club, 150 Garfield Avenue **(O,B,Ro,NS)**

7:00PM Beachwood *Serenity on Sunday*, St. Paul's Lutheran Church, corner Rts. 9 & 166, 130 Cable Ave. **(O,P,WC,NS)**

7:00PM Union Beach *Stepping into Recovery*, Grace United Methodist Church, 115 St. James Street **(C,D,St,WC,NS)**

7:30PM Manalapan *Miracles In Manalapan*, Old Tennent Presbyterian Church Cemetery, 448 Tennent Road **(O,WC,NS,V)** *In brick building*

7:30PM Point Pleasant *Recovery by the Sea*, Church of Saint Martha, btwn. Rt. 70 & 88, side entrance, 3800 Herbertsville Rd. **(O,S,NS,Gr)**

MONDAY

7:00AM Toms River *Morning Miracles*, Christ Episcopal Church, 415 Washington Street **(O,JFT,Tp,WC,NS)**

NOON Toms River *Recovery at High Noon*, Christ Episcopal Church, Room 4, downstairs, 415 Washington St. **(O,D,JFT,NS)** *use main entrance near office*

6:30PM Asbury Park *Monday Night Madness*, Q Spot, 1601 Asbury Ave. **(C,Ro,NS)**

6:30PM Toms River *Recovery by the Book*, Christ Episcopal Church, Room 3, downstairs, 415 Washington St. **(C,D,NC,Ro,WC,NS,L)** *Open meeting 4th week of the month for Celebrations.*

7:00PM Eatontown *Exit Addiction 105*, St. James Memorial Episcopal Church, 69 Broad Street **(O,Ro)**

7:00PM Toms River *Monday Night Fire*, First United Methodist Church, 129 Chestnut Street **(C,Ro,WC,NS)**

7:00PM Toms River *Wonder Women*, House of Hope Bldg, rear entrance, Lower level, 253 Chestnut Street **(C,Bk,D,Ro,W,WC,NS,HY)**

7:30PM Freehold *Hope in Freehold*, Reformed Church of Freehold, 67 West Main street **(O,WC,NS,V)**

7:30PM Union Beach *We Will Survive Group*, Grace United Methodist Church, enter on Floyd Ave., 115 St. James Ave. **(O,D,NS,L)**

8:00PM Farmingdale *Be in the Solution*, The Farm, In the Barn, plenty of parking, 260 Casino Drive **(O,Ro,S,NS,L)**

8:00PM Toms River *Men In Recovery*, The Expert Touch, 1021 Rt 37 W **(C,D,M,St,NS)**

8:00PM Forked River *Recovery Is Possible*, United Methodist Church, 203 Lacey Road **(C,D,S,St,Tp,NS)**

TUESDAY

7:00AM Toms RIver *Morning Miracles*, Christ Episcopal Church, 415 Washington Street **(O,JFT,Tp,WC,NS)**

NOON Toms River *Recovery at High Noon*, Christ Episcopal Church, Room 4, downstairs, 415 Washington St. **(O,D,JFT,NS)** *use main entrance near office*

6:30PM Brick *S.Y.A.*, Saint Thomas Lutheran Church, 135 Salmon St. **(C,Bk,NS)**

TUESDAY (CONT)

7:00PM Manasquan *Blessings by the Sea*, Holy Trinity Church, 6 Osborn Avenue **(O,JFT,S,NS)**

7:00PM Beachwood *Why We Stay*, St. Paul's Lutheran Church, 130 Cable Avenue **(C,D,Tp,WC,NS,Lc)** *Children welcome*

7:15PM Manalapan *Recovery in Manalapan*, Old Tennent Presbyterian Church, 448 Tennent Road **(O,WC,NS,V)** *In brick building*

7:30PM Point Pleasant *12 Steps & Beyond*, Point Pleasant Presbyterian Church, Education Annex, 700 Foreman Ave. **(C,D,S,St,Tp,NS)**

7:30PM Jackson *Help Somebody Group*, Debows United Methodist Church, 509 Monmouth Road **(C,WC,NS,L)**

7:30PM Lanoka Harbor *Never Alone, Never Again*, Village Lutheran Church, 701 Western Blvd. **(C,D,JFT,NS)** *Open meeting 4th week for Celebrations*

7:30PM Matawan *Principles Before Personalities*, St. Clements House Of Hope, 180 Freneau Avenue **(O,SWG,St,Td,WC,NS)**

7:30PM Keyport *Twelve Steps to Freedom*, Calvary Methodist Church, 3rd and Osborn Streets **(C,Cn,D,St,WC,NS)**

7:30PM Asbury Park *Twelve Steps to Freedom*, Trinity Church, 503 Asbury Avenue **(O,Bk,D,S,St,WC,NS)**

8:00PM Toms River *Harbor Light*, Christ Episcopal Church, Room 3, downstairs, 415 Washington St **(O,D,Tp,WC)**

8:30PM Toms River *Get To Steppin'*, First United Methodist Church of Toms River, 129 Chestnut Street **(O,D,SWG,NS)**

WEDNESDAY

7:00AM Toms River *Morning Miracles*, Christ Episcopal Church, 415 Washington Street **(O,Tp,WC,NS,Lc)**

NOON Toms River *Recovery at High Noon*, Christ Episcopal Church, Room 4, downstairs, 415 Washington St. **(O,D,JFT,NS)** *use main entrance near office*

6:30PM Lakehurst *Cover to Recover*, Presbyterian Church, 212 Pine Street **(C,Bk,D,WC,NS)**

7:00PM Asbury Park *Against All Odds*, The Center House, at Memorial Dr., 806 3rd Ave. **(O,D,S,St,NS)**

7:00PM Manahawkin *It's A Great Way To Start Living*, St. Mary of the Pines Parish Ctr., Room 11, 100 Bishop Lane **(O,B,Cn,St,WC,NS)**

7:00PM Toms River *Share the Hope*, Christ Episcopal Church, 415 Washington Street **(O,JFT,Tp,WC,NS)**

7:00PM Red Bank *Women Kicking It*, First Baptist Church of Red Bank, 84 Maple Ave. **(O,W,NS,V)**

7:30PM Howell *Home in Howell*, Prince of Peace Lutheran Church, 434 Aldrich Road **(O,S,St,Tp,NS,Gr,SPAD)**

7:30PM Matawan *The Steps and Traditions Work*, First Presbyterian Church, upstairs, Rt. 34 at Franklin Ave. **(C,Cn,D,S,St,Td,NS)**

7:30PM Eatontown *We Had to Hear It Group*, St. James Episcopal Church, parish hall behind church, 69 Broad St. (Rte.71) **(C,D,S,Tp,NS)**

8:00PM Asbury Park *It Gets Better*, Q Spot, 1601 Asbury Ave. **(O,G,JFT,St,NS)** *LGBTQ*

8:00PM Forked River *It Works How & Why*, Lacey United Methodist Church, 203 Lacey Road **(O,D,H&W,NS)**

THURSDAY

7:00AM Toms River *Morning Miracles*, Christ Episcopal Church, 415 Washington Street **(O,JFT,Tp,WC,NS)**

NOON Toms River *Recovery at High Noon*, Christ Episcopal Church, Room 4, downstairs, 415 Washington St. **(O,D,JFT,NS)** *use main entrance near office*

12:30PM Long Branch *Bring A Friend*, Long Branch Public Library, Community Room basement (side entrance) 328 Broadway **(O,D,JFT,WC,NS)**

6:00PM Long Branch *Men's Meeting*, Fidelity Lodge, 136 Cp Williams Pl (Brook St) **(O,D,M,WC,NS)**

6:00PM Toms River *Step Working Women*, B.R.E.W. Grounds Recovery Cafe, 954 Route 166 **(O,RR,SWG,W)**

6:30PM Brick Township *Speakin' On The Steps*, Brick Presbyterian Church, 111 Drumpoint Road **(O,D,S,St,NS)**

THURSDAY (CONT)

7:00PM Manasquan *Manasquan 11th Step*, Holy Trinity Church, Downstairs, 6 Osborn Ave **(H&W)**

7:00PM Belmar *Recovery by the Sea*, Belmar Presbyterian Church, enter on E Street, 600 9th Avenue **(C,D,S,St,NS,HY)**

7:00PM Freehold *Sisters Seeking Serenity*, Hope Lutheran Church, near Jackson Mills Rd., 211 Elton-Adelphia Rd. **(O,D,S,W,WC,NS)**

7:30PM Matawan *Cut To The Chase*, Trinity Episcopal Church, all the way at dead end, 18 Ryers Lane **(O,Ro,WC,NS)**

7:30PM Seaside Heights *New Heights*, Our Lady Of Perpetual Help Church, 100 Grant Avenue **(O,S,St,WC,NS)**

7:30PM Manahawakin *Recovery Road*, Ocean Community Church, 1492 Rt 72 West **(C,D,S,NS)**

8:00PM Toms River *Principles Before Personalities*, Pinelands Reformed Church, near Mule Rd., 898 Rt. 37 W. **(O,D,S,St,WC,NS,Lc)**

8:00PM Oakhurst *We Dare to Care*, West Park Recreation Center, 615 West Park Ave. **(O,Ro,NS)**

FRIDAY

7:00AM Toms River *Morning Miracles*, Christ Episcopal Church, 415 Washington Street **(O,JFT,Tp,WC,NS)**

NOON Toms River *Recovery at High Noon*, Christ Episcopal Church, Room 4, downstairs, 415 Washington St. **(O,D,JFT,NS)** *use main entrance near office*

1:30PM Keansburg *That Was Then ... This Is Now!!*, St. Mark's Church Community Center, 13 Kennedy Way & Carr Ave. **(O,D,P,JFT,St,WC,NS)** *use wheelchair ramp behind small church*

6:30PM Toms River *Prayer and Meditation*, United Church of Christ, 1681 Ridgeway Rd. **(C,H&W,WC,NS,Md)**

6:30PM Asbury Park *We Do Recover*, The Center House, 806 3rd Avenue **(O,D,WC,NS,L)**

7:00PM Point Pleasant *Clean Livin'*, Good Shepherd Lutheran Church, 708 Route 88 **(O,D,Ro,S,St,Td,NS,Lc)**

7:15PM Jackson *Stop the Insanity*, Jackson United Methodist Church, 68 Bennetts Mills Road **(O,WC,NS,V)**

7:15PM Matawan *Women Seeking Recovery*, St. Clements House Of Hope, 180 Freneau Avenue **(C,W,WC,NS,V)**

7:30PM Bayville *At The End of The Road*, Saint Barnabas Church, 33 Woodland Road **(O,D,RR,Tp,WC,NS)**

8:00PM Oakhurst *Friday Night Hope*, Ocean Township Rec Center, 615 West Park Ave. **(O,Cn,Ro,RR,WC,NS)**

8:00PM Matawan *Men About Recovery*, Trinity Episcopal Church, off Route 79, 18 Ryers Lane **(C,D,JFT,M,St,WC,NS)**

8:00PM Englishtown *Never Too Late*, First Presbyterian Church of Englishtown, 50 N. Main Street **(O,JFT,S,WC,NS)**

8:00PM Red Bank *The Blessings of Recovery*, AME Zion Church, 285 Shrewsbury Ave. **(O,B,JFT,S,NS,St1-3,SPAD)** *Parking on Drs James Parker Blvd. Use side door for basement.; 1st two parking spots are for the Pastor only.*

8:00PM Lavallette *The Journey Continues*, Faith Lutheran Church, 1801 Grand Central Ave. (Route 35N) **(C,D,WC,NS,Lc)**

SATURDAY

7:00AM Toms River *Morning Miracles*, Christ Episcopal Church, 415 Washington Street **(O,JFT,Tp,WC,NS)**

11:00AM Matawan *Miracles in Matawan*, Trinity Episcopal Church, all the way at dead end, 18 Ryers Lane **(C,D,Ro,St,Tp,WC,NS)**

11:00AM Asbury Park *One Primary Purpose*, The Center House, at Memorial Drive, 806 3rd Avenue **(O,D,NS)**

NOON Toms River *Recovery at High Noon*, Christ Episcopal Church, Room 4, downstairs, 415 Washington St. **(O,D,JFT,NS)** *use main entrance near office*

6:30PM Asbury Park *Live Better Group*, The Center House, 806 3rd Ave **(O,Ro,S,WC,NS,V)**

7:00PM Manalapan *Surrender To Change*, Old Tennent Presbyterian Church Cemetary, in Brick Bldg. - do not park on grass, 448 Tennent Road **(O,NS,V)**

SATURDAY (CONT)

7:30PM Toms River *Get Another Day*, Christ Episcopal Church, 415 Washington Street **(O,Bk,D,WC,NS)**

7:30PM Tuckerton *Our Gratitude Speaks*, Church of the Holy Spirit, 220 E. Main Street **(O,D,S,WC,NS)**

7:30PM Middletown (Belford) *Sanity through Spirituality Group*, St. Mary's Church, basement, 26 Leonardville Road **(O,Ro,S,WC,NS)**

10:00PM Toms River *Alive on Saturday Night*, BREW Grounds Cafe, 954 Rt-166 **(O,RR,WC,NS)** *5th Week Speaker*

11:00PM Keansburg *Kleansburg Group*, St. Mark's Church Community Center, 13 Kennedy Way & Carr Ave. **(O,D,S,WC,NS)** *use wheelchair ramp behind small church*

M	Men	St	Step
O	Open (anyone welcome)	B	Beginner
D	Discussion	Cn	Candlelight
Bk	Basic Text	C	Closed (addicts only)
G	Gay/Lesbian	P	Pamphlet
JFT	Just for Today	RR	Round Robin
S	Speaker	SWG	Step Working Guides
Tp	Topic	Td	Tradition
WC	Wheelchair	Ro	Rotating
W	Women	Md	Meditation
H&W	It Works How and Why	NC	No Children
Ta	Tag	V	Varied
NS	No Smoking	Lc	Living Clean
L	Literature	Gr	Grab Bag
HY	Hybrid Meeting	SPAD	Spiritual Principle A Day
St1-3	Steps 1, 2 and 3		

VIRTUAL MEETINGS

For Virtual Meetings visit:
https://online.nanj.org

PHONE NUMBERS

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**

NEW JERSEY NARCOTICS ANONYMOUS

Combined Area Meeting list for:

Central Jersey Area
Ocean Area

NOVEMBER 2026

24 HOUR HELPLINE
732-933-0462

www.nanj.org

SUGGESTIONS FOR EVERYONE

Avoid People, Places and Things You Used With/At
Come Early and Stay Late
Don't Use and Go to meetings
Get and Use a Sponsor
Get a Home Group
90 Meetings in 90 Days
Use the Phone
Get involved in Service

KEEP COMING BACK. IT WORKS