

SUNDAY
9:30AM Bogota <i>Serenity in the Park</i> , Sahara Club, 24 River Rd. (O) <i>Outdoors May 1st to Oct 31st</i>
10:00AM Pompton Plains <i>Better Perspective</i> , Atlantic Health Pavillion, 242 West Parkway (C,JFT,WC,NS)
10:00AM Paramus <i>Twice On Sunday</i> , Bergen New Bridge Medical Center - Room 007, enter through main entrance. No children., 230 E. Ridgewood Ave. (O,D,NC,S,Tp,WC,NS)
11:00AM Montclair <i>Sunday AM Recovery</i> , Mountainside Medical Center, Private dining room in rear of cafeteria / Free parking pass validated at front desk., 1 Bay Avenue (O,JFT,St,WC,NS,Lc,Gr)
NOON Kearny <i>Recovery in NA</i> , First Presbyterian Church, Entrance is on Laurel Ave, 663 Kearny Ave (O,D,S,Tp,WC,NS)
7:00PM West Milford <i>Recovery in the Mountains</i> , St. Joseph's Church, School/Parish Center, Koch Hall (white building by cemetery), 454 Germantown Road (O,B,D,S,NS)
7:00PM Paterson <i>Stepping Into Recovery</i> , Eva's Village Main Kitchen, 393 Main Street (O,D,St,WC,NS)
7:30PM Ramsey <i>Back to Basics</i> , First Presbyterian Church of Ramsey, 15 Shuart Ln (Bk) <i>NO parking in lot across the street</i>
7:30PM Clifton <i>For Those Who Care</i> , United Reformed Church, 352 Clifton Ave. (O,D,S,St,Tp,WC,NS)
7:30PM Nutley <i>Just For Today</i> , Franklin Reformed Church, 45 Hillside Crescent (C,D,JFT,NS,L)
7:30PM Verona <i>New Attitudes</i> , United Methodist Church, 26 Montrose Avenue (C,D,S,Tp,NS)
7:30PM Teaneck <i>Out and About: Sunday Night Recovery</i> , St Mark's Episcopal, LGBTQ+, 118 Chadwick Rd (O,D,G,Lc)
8:00PM Lyndhurst <i>The Survival Kit</i> , AMVETS Post 20, 323 New York Ave (C,D,H&W,S,SWG,WC,NS) <i>Enter through side</i>
MONDAY
NOON Paterson <i>Come Clean</i> , Chosen Generation Community Center, 147 Montgomery Street (O,Bk,D,RR,NS)
NOON Nutley <i>Good Day To Be Alive</i> , Franklin Reformed Church, 45 Hillside Crescent (O,B,D,NS)
NOON Ridgewood <i>Living Clean Book Discussion</i> , West Side Presbyterian Church, Meeting is in the BARN. No pets allowed., 6 S. Monroe St., (O,D,S,Lc)
7:00PM Hoboken <i>Hope Group</i> , St. Joseph's Rectory (basement), parking - right rear, 61 Monroe Street (C,RR,NS,V)
7:30PM Wayne <i>Crossroads to Recovery</i> , Wayne Presbyterian Church, corner Ratzer Rd., 1200 Alps Rd. (O,D,S,St,WC,NS)
7:30PM Allendale <i>Practicing the Principles</i> , Archer United Methodist Church, 37 East Allendale Ave (O,L)
7:30PM Paterson <i>Recovery In Silk City</i> , Crossroads Ministry Center, 511 E. 22nd Street (O,D,St,NS)
7:30PM Fort Lee <i>Relax In Recovery</i> , Fort Lee Gospel Church, 1625 Palisade Avenue (C,Cn,D,S,NS)
8:00PM Verona <i>Foundation Group</i> , Verona United Methodist Church, 26 Montrose Ave. & Hill St. (O,RR,NS)

MONDAY (CONT)
8:00PM Belleville <i>Recovery By The Book</i> , Fewsmith Presbyterian Church, 444 Union Avenue (O,Bk,D,RR,NS)
8:00PM River Edge <i>Step by Step</i> , First Congregational Church, basement, 109 Continental Avenue (O,D,S,St,WC,NS)
8:15PM Butler <i>Learning to Live</i> , Church of the Nazarene, at Jericho Road, 188 Kiel Avenue (C,D,H&W,St,Td,NS)
TUESDAY
NOON Nutley <i>Good Day To Be Alive</i> , Franklin Reformed Church, 45 Hillside Crescent (O,WC,NS,St1-3)
NOON Hasbrouck Heights <i>Noon Heights Recovery</i> , First Reformed Church, 300 Washington Place (O,D,JFT,NS)
NOON Paterson <i>Recovery At Noon</i> , St Luke Church, 2nd Floor - (Carroll Street Entrance), 305 Broadway (O,B,S,NS,St1-3)
NOON Totowa <i>The 12</i> , Totowa Public Library, Ground Floor in the Multipurpose Room, 537 Totowa Rd (O,D,WC,NS)
7:00PM Montclair <i>Courage To Change Women's Meeting</i> , B'Nai Keshet, 99 S. Fullerton Ave (O,D,St,Tp,W,SPAD) <i>Restarted on 12/2/25</i>
7:00PM Oak Ridge <i>Here and Now in the Highlands</i> , Holy Faith Lutheran Church, 104 Paradise Road (C,D,M,WC,NS)
7:00PM Paterson <i>Turning The Page</i> , Star of Hope, 34 Broadway (O,D,S,Tp,WC,NS)
7:30PM Clifton <i>Stepping Into Life</i> , Allwood Community Church, 100 Chelsea Road (O,D,Ro,S,NS)
7:30PM Cedar Grove <i>Steps To Recovery</i> , Community Church of Cedar Grove, 65 Bowden Road (O,D,S,St,WC,NS)
7:30PM Pompton Lakes <i>The Backbone</i> , St. Mary's Church, 17 Pompton Ave. (O,B,Bk,D,NS,St1-3) <i>wk 4 & 5 JFT</i>
8:00PM Passaic <i>Born To Win</i> , St. John's Episcopal Church, left door, 215 Lafayette Avenue (O,B,D,S,Tp,WC,NS)
8:00PM Dumont <i>HOW</i> , Cavalry United Methodist, 185 West Madison Ave. (O,D,S,Tp,NS)
8:00PM Woodcliff Lake <i>The Phoenix</i> , Christ Lutheran Church, No pets allowed, 32 Pascack Road (O,JFT,S,NS)
WEDNESDAY
NOON Nutley <i>Good Day To Be Alive</i> , Franklin Reformed Church, 45 Hillside Crescent (O,D,WC,NS)
NOON Paterson <i>Recovery At Noon</i> , St Luke Church, 2nd Floor - (Carroll Street Entrance), 305 Broadway (O,Bk,D,NS)
6:30PM Paramus <i>The Next Chapter</i> , New Bridge Medical Center, The Auditorium, 230 E Ridgewood Ave, (O,Bk,D)
7:00PM Hackensack <i>Abstinence and Beyond</i> , Mount Olive Baptist Church, basement, 260 Central Ave. (O,D,Tp,NS)
7:30PM Midland Park <i>It Works How & Why</i> , Church of the Nativity, @ O'Connell Hall, 315 Prospect Street (C,D,H&W,M,WC,NS)
7:30PM Clifton <i>Just for Today</i> , United Reformed Methodist Church, Christian Counseling Center, 352 Clifton Avenue (O,Tp,WC,NS,Ta)
7:30PM Nutley <i>LifeLine</i> , Grace Episcopal Church, 200 Highfield Lane (O,D,S,WC,NS)

WEDNESDAY (CONT)
8:00PM Verona <i>Recovery Room</i> , Verona United Methodist Church, 26 Montrose Ave. & Hill St. (O,Bk,D,NS)
8:30PM Ridgewood <i>Ridgewood Recovery</i> , Living Hope Church, 271 Lincoln Ave. (O,D,JFT,S)
THURSDAY
NOON Nutley <i>Good Day To Be Alive</i> , Franklin Reformed Church, 45 Hillside Crescent (O,D,Tp,WC,NS,Gr)
6:00PM Totowa <i>Stick N Stay</i> , Totowa Public Library, Ground Floor in the Multipurpose Room, 537 Totowa Rd (O,D,S,Tp,WC,NS)
7:30PM Wayne <i>Out Of The Valley</i> , Wayne Presbyterian Church, corner Alps & Ratzer Rds., 1200 Alps Rd. (O,D,JFT,WC,NS)
7:30PM Paterson <i>Paterson's First</i> , First A.M.E. Zion Church, Corner of Ellison & Summer Streets (326 Ellison Street) (O,D,S,Tp,NS)
7:30PM Ridgefield <i>Straight Edge</i> , St. James Episcopal Church, 514 Abbott Avenue (O,D,JFT,NS)
7:30PM Ringwood <i>Thursday Night Carltondale NA</i> , Community Presbyterian Church, 145 Carltondale Road (O,B,Bk,St,WC,NS)
7:30PM Fair Lawn <i>Women Who Rise</i> , Our Savior Church, 22-15 Broadway (O,JFT,S,St,Tp,W)
8:00PM Montclair <i>Recover & Discover</i> , Community Center, 33 Woodland Avenue (O,S,St,Tp,WC,NS)
8:00PM Westwood <i>Serenity Now</i> , Park Side Church, No pets allowed, 545 4th Avenue (S,St,Tp)
8:00PM Belleville <i>Today We Live</i> , Fewsmith Presbyterian Church, Little St. & Union Ave. (O,D,S,NS,St1-3)
FRIDAY
NOON Nutley <i>Good Day To Be Alive</i> , Franklin Reformed Church, 45 Hillside Crescent (O,D,JFT,NS)
NOON Hasbrouck Heights <i>Midday With NA</i> , First Reformed Church, 300 Washington Place (O,D,JFT,NS)
7:00PM Paterson <i>Come and Grow</i> , St. Luke's Baptist Church, enter on Fair Street, 139 Carroll Street (O,D,S,St,Tp,NS)
7:30PM Ridgewood <i>60 Minutes with NA</i> , West Side Presbyterian Church, Meeting is in the BARN. No pets allowed., 6 S. Monroe St. (C,D,S,WC,NS)
7:30PM Clifton <i>Solo Por Hoy</i> , United Reformed Church, 352 Clifton Avenue (O,Bi,D,S,St,WC,NS)
8:00PM Bloomfield <i>Brookdale Friday Night Meeting</i> , Brookdale Reformed Church, 16 Bellevue Avenue (O,S,St,WC,NS)
8:00PM Livingston <i>Ray of Hope</i> , Trinity Covenant Church, 343 East Cedar Street (O,D,S,WC,NS)
8:00PM West Milford <i>Serenity In The Sticks</i> , St. Joseph Roman Catholic Church, Koch Hall, 454 Germantown Rd. (O,D,S,NS)
8:30PM Ridgefield <i>Free At Last</i> , St. James' Episcopal Church, 514 Abbott Avenue (O,D,S,Tp,NS)

FRIDAY (CONT)

10:00PM Glen Ridge *Night Crawlers*, Glen Ridge Congregational Church, 195 Ridgewood Ave. **(O,Cn,JFT,RR,NS,Md)**

SATURDAY

10:00AM Butler *Hot Topic*, Butler United Methodist Church, 5 Bartholdi Avenue **(O,WC,NS,V,Gr)**

10:00AM Belleville *Little Miracles*, Fewsmith Presbyterian Church, Little St. & Union Ave. **(O,D,JFT,NS)**

10:00AM Clifton *Men's Meeting*, United Reformed Methodist Church, Christian Counseling Center, 352 Clifton Ave. **(C,D,M,S,Tp,WC,NS)**

10:00AM Westwood *Wake Up Recovery*, Parkside Community Church, No pets allowed, 545 4th Avenue **(O,JFT,NS)**

11:30AM Englewood *Weekend Liberty*, Community Baptist Church, 224 1st Street **(O,D,S,Tp,NS)**

NOON Paterson *Women's Midday Miracles*, On top of William's Pharmacy, entrance is on Carol Street, 305 Broadway **(O,W,NS,V)**

12:30PM Paterson *Kick it Raw*, Calvary Baptist Church, 575 E.18th St **(C,M,NS)**

7:00PM Leonia *KISS (Keep It Simple on Saturdays)*, St. John the Evangelist Church, 260 Harrison St. **(C,D,S,Tp,NS)**

7:30PM Clifton *Never Alone Again*, United Reformed Methodist Church, Christian Counseling Center, 352 Clifton Ave. **(O,D,S,St,WC,NS)**

8:00PM Montclair *12 Step Workshop*, First Congregational Church, enter on side street, 40 South Fullerton Ave. **(O,D,St,NS)**

8:00PM Paterson *Saturday Night Live*, Eva's Recovery Kitchen, 393 Main Street **(O,D,S,WC,NS)**

10:00PM Wyckoff *Night Owls*, Grace United Methodist Church, 555 Russell Ave. **(O,B,Cn,D,S,Y,NS)**

M	Men	St	Step
O	Open (anyone welcome)	B	Beginner
D	Discussion	Cn	Candlelight
Bk	Basic Text	C	Closed (addicts only)
G	Gay/Lesbian	JFT	Just for Today
RR	Round Robin	S	Speaker
SWG	Step Working Guides	Tp	Topic
Td	Tradition	WC	Wheelchair
Y	Youth	Ro	Rotating
W	Women	Md	Meditation
H&W	It Works How and Why	NC	No Children
Ta	Tag	V	Varied
NS	No Smoking	Lc	Living Clean
L	Literature	Bi	Bilingual (Span/Eng)
Gr	Grab Bag	SPAD	Spiritual Principle A Day
St1-3	Steps 1, 2 and 3		

VIRTUAL MEETINGS



<https://online.nanj.org>

PHONE NUMBERS

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**



Combined Area Meeting list for:

**Bergen Area
Passaic Area
Silk City Area
Suburban Essex Area**

JANUARY 2026

24 HOUR HELPLINE

732-933-0462

www.nanj.org

SUGGESTIONS FOR EVERYONE

Avoid People, Places and Things You Used With/At

Come Early and Stay Late

Don't Use and Go to meetings

Get and Use a Sponsor

Get a Home Group

90 Meetings in 90 Days

Use the Phone

Get involved in Service

KEEP COMING BACK. IT WORKS