

**SUNDAY**

**9:30AM Leonia** *Serenity in the Park*, Overpeck Park, Find us before the Field Station, by the track, 40 Ft Lee Rd **(O)**

*Outdoors May 1st to Oct 31st; Sahara Club Nov-April*

**10:00AM Pompton Plains** *Better Perspective*, Atlantic Health Pavillion, 242 West Parkway **(C,JFT,WC,NS)**

**10:00AM Paramus** *Twice On Sunday*, Bergen New Bridge Medical Center - Room 007, enter through main entrance. No children., 230 E. Ridgewood Ave. **(O,D,NC,S,Tp,WC,NS)**

**11:00AM Montclair** *Sunday AM Recovery*, Mountainside Medical Center, Private dining room in rear of cafeteria / Free parking pass validated at front desk., 1 Bay Avenue **(O,JFT,St,WC,NS,Lc,Gr)**

**NOON Kearny** *Recovery in NA*, First Presbyterian Church, Entrance is on Laurel Ave, 663 Kearny Ave **(O,D,S,Tp,WC,NS)**

**7:30PM West Milford** *Recovery in the Mountains*, The Almond Branch Church, 184 Marshall Hill Rd. **(O,B,D,S,NS)**

**7:00PM Paterson** *Stepping Into Recovery*, Eva's Village Main Kitchen, 393 Main Street **(O,D,St,WC,NS)**

**7:30PM Ramsey** *Back to Basics*, First Presbyterian Church of Ramsey, 15 Shuart Ln **(Bk) NO parking in lot across the street**

**7:30PM Clifton** *For Those Who Care*, United Reformed Church, 352 Clifton Ave. **(O,D,S,St,Tp,WC,NS)**

**7:30PM Nutley** *Just For Today*, Franklin Reformed Church, 45 Hillside Crescent **(C,D,JFT,NS,L)**

**7:30PM Verona** *New Attitudes*, United Methodist Church, 26 Montrose Avenue **(C,D,S,Tp,NS)**

**7:30PM Teaneck** *Out and About: Sunday Night Recovery*, St Mark's Episcopal, LGBTQ+, 118 Chadwick Rd **(O,D,G,Lc)**

**8:00PM Lyndhurst** *The Survival Kit*, United Methodist Church, 250 Stuyvesant Ave. **(C,D,H&W,NC,S,SWG,St,Td,NS)** Use back wooden staircase on Fontaine Ave, enter through kitchen.

**MONDAY**

**NOON Paterson** *Come Clean*, Chosen Generation Community Center, 147 Montgomery Street **(O,Bk,D,RR,NS)**

**NOON Nutley** *Good Day To Be Alive*, Franklin Reformed Church, 45 Hillside Crescent **(O,B,D,NS)**

**NOON Ridgewood** *Living Clean Book Discussion*, West Side Presbyterian Church, Meeting is in the BARN. No pets allowed., 6 S. Monroe St., **(O,D,S,Lc)**

**7:00PM Hoboken** *Hope Group*, St. Joseph's Rectory (basement) parking - right rear, 61 Monroe Street **(C,RR,NS,V)**

**7:30PM Wayne** *Crossroads To Recovery*, Wayne Presbyterian Church, corner Ratzer Rd., 1200 Alps Rd. **(O,D,S,St,WC,NS)**

**7:30PM Allendale** *Practicing the Principles*, Archer United Methodist Church, 37 East Allendale Ave **(O,L)**

**7:30PM Paterson** *Recovery In Silk City*, Crossroads Ministry Center, 511 E. 22nd Street **(O,D,St,NS)**

**7:30PM Fort Lee** *Relax In Recovery*, Fort Lee Gospel Church, 1625 Palisade Avenue **(C,Cn,D,S,NS)**

**8:00PM Verona** *Foundation Group*, Verona United Methodist Church, 26 Montrose Ave. & Hill St. **(O,RR,NS)**

**MONDAY (CONT)**

**8:00PM Belleville** *Recovery By The Book*, Fewsmith Presbyterian Church, 444 Union Avenue **(O,Bk,D,RR,NS)**

**8:00PM River Edge** *Step by Step*, First Congregational Church, basement, 109 Continental Avenue **(O,D,S,St,WC,NS)**

**8:15PM Butler** *Learning to Live*, Church of the Nazarene, at Jericho Road, 188 Kiel Avenue **(C,D,H&W,St,Td,NS)**

**TUESDAY**

**NOON Nutley** *Good Day To Be Alive*, Franklin Reformed Church, 45 Hillside Crescent **(O,WC,NS,St1-3)**

**NOON Hasbrouck Heights** *Noon Heights Recovery*, First Reformed Church, 300 Washington Place **(O,D,JFT,NS)**

**NOON Paterson** *Recovery At Noon*, St Luke Church, 2nd Floor - (Carroll Street Entrance) 305 Broadway **(O,B,S,NS,St1-3)**

**NOON Totowa** *The 12*, Totowa Public Library, Ground Floor in the Multipurpose Room, 537 Totowa Rd **(O,D,WC,NS)**

**7:00PM Montclair** *Courage To Change Women's Meeting*, B'Nai Keshet, 99 S. Fullerton Ave **(O,D,St,Tp,W,SPAD)** Restarted on 12/2/25

**7:00PM Oak Ridge** *Here and Now in the Highlands*, Holy Faith Lutheran Church, 104 Paradise Road **(C,D,M,WC,NS)**

**7:00PM Paterson** *Turning The Page*, Star of Hope, 34 Broadway **(O,D,S,Tp,WC,NS)**

**7:30PM Clifton** *Stepping Into Life*, Allwood Community Church, 100 Chelsea Road **(O,D,Ro,S,NS)**

**7:30PM Cedar Grove** *Steps To Recovery*, Community Church of Cedar Grove, 65 Bowden Road **(O,D,S,St,WC,NS)**

**7:30PM Pompton Lakes** *The Backbone*, St. Mary's Church, 17 Pompton Ave. **(O,B,Bk,D,NS,St1-3) wk 4 & 5 JFT**

**8:00PM Passaic** *Born To Win*, St. John's Episcopal Church, left door, 215 Lafayette Avenue **(O,B,D,S,Tp,WC,NS)**

**8:00PM Dumont** *HOW*, Cavalry United Methodist, 185 West Madison Ave. **(O,D,S,Tp,NS)**

**8:00PM Woodcliff Lake** *The Phoenix*, Christ Lutheran Church, No pets allowed, 32 Pascack Road **(O,JFT,S,NS)**

**WEDNESDAY**

**NOON Nutley** *Good Day To Be Alive*, Franklin Reformed Church, 45 Hillside Crescent **(O,D,WC,NS)**

**6:30PM Paramus** *The Next Chapter*, New Bridge Medical Center, The Auditorium, 230 E Ridgewood Ave, **(O,Bk,D)**

**7:00PM Hackensack** *Abstinence and Beyond*, Mount Olive Baptist Church, basement, 260 Central Ave. **(O,D,Tp,NS)**

**7:30PM Midland Park** *It Works How & Why*, Church of the Nativity, @ O'Connell Hall, 315 Prospect Street **(C,D,H&W,M,WC,NS)**

**7:30PM Clifton** *Just For Today*, United Reformed Methodist Church, Christian Counseling Center, 352 Clifton Avenue **(O,Tp,WC,NS,Ta)**

**7:30PM Nutley** *LifeLine*, Grace Episcopal Church, 200 Highfield Lane **(O,D,S,WC,NS)**

**8:00PM Verona** *Recovery Room*, Verona United Methodist Church, 26 Montrose Ave. & Hill St. **(O,Bk,D,NS)**

**WEDNESDAY (CONT)**

**8:30PM Ridgewood** *Ridgewood Recovery*, Living Hope Church, 271 Lincoln Ave. **(O,D,JFT,S)**

**THURSDAY**

**NOON Nutley** *Good Day To Be Alive*, Franklin Reformed Church, 45 Hillside Crescent **(O,D,Tp,WC,NS,Gr)**

**6:30PM Totowa** *Stick N Stay*, Totowa Public Library, Ground Floor in the Multipurpose Room, 537 Totowa Rd **(O,D,S,Tp,WC,NS)**

**7:30PM Wayne** *Out Of The Valley*, Wayne Presbyterian Church, corner Alps & Ratzer Rds., 1200 Alps Rd. **(O,D,JFT,WC,NS)**

**7:30PM Paterson** *Paterson's First*, First A.M.E. Zion Church, Corner of Ellison & Summer Streets (326 Ellison Street) **(O,D,S,Tp,NS)**

**7:30PM Ridgefield** *Straight Edge*, St. James Episcopal Church, 514 Abbott Avenue **(O,D,JFT,NS)**

**7:30PM Ringwood** *Thursday Night Carltondale NA*, Community Presbyterian Church, 145 Carltondale Road **(O,B,Bk,St,WC,NS)**

**7:30PM Fair Lawn** *Women Who Rise*, Our Savior Church, 22-15 Broadway **(O,JFT,S,St,Tp,W)**

**8:00PM Montclair** *Recover & Discover*, Community Center, 33 Woodland Avenue **(O,S,St,Tp,WC,NS)**

**8:00PM Westwood** *Serenity Now*, Park Side Church, No pets allowed, 545 4th Avenue **(S,St,Tp)**

**8:00PM Belleville** *Today We Live*, Fewsmith Presbyterian Church, Little St. & Union Ave. **(O,D,S,NS,St1-3)**

**FRIDAY**

**NOON Nutley** *Good Day To Be Alive*, Franklin Reformed Church, 45 Hillside Crescent **(O,D,JFT,NS)**

**NOON Hasbrouck Heights** *Midday With NA*, First Reformed Church, 300 Washington Place **(O,D,JFT,NS)**

**7:00PM Paterson** *Come and Grow*, St. Luke's Baptist Church, enter on Fair Street, 139 Carroll Street **(O,D,S,St,Tp,NS)**

**7:30PM Ridgewood** *60 Minutes with NA*, West Side Presbyterian Church, Meeting is in the BARN. No pets allowed., 6 S. Monroe St. **(C,D,S,WC,NS)**

**7:30PM Clifton** *Solo Por Hoy*, United Reformed Church, 352 Clifton Avenue **(O,Bi,D,S,St,WC,NS)**

**8:00PM Bloomfield** *Brookdale Friday Night Meeting*, Brookdale Reformed Church, 16 Bellevue Avenue **(O,S,St,WC,NS)**

**8:00PM Livingston** *Ray of Hope*, Trinity Covenant Church, 343 East Cedar Street **(O,D,S,WC,NS)**

**8:00PM West Milford** *Serenity In The Sticks*, The Almond Branch Church, 184 Marshall Hill Rd. **(O,D,S,NS)**

**8:30PM Ridgefield** *Free At Last*, St. James' Episcopal Church, 514 Abbott Avenue **(O,D,S,Tp,NS)**

**10:00PM Glen Ridge** *Night Crawlers*, Glen Ridge Congregational Church, 195 Ridgewood Ave. **(O,Cn,JFT,RR,NS,Md)**





Combined Area Meeting list for:

**Bergen Area**  
**Passaic Area**  
**Silk City Area**  
**Suburban Essex Area**

**MAY 2026**

**24 HOUR HELPLINE**

732-933-0462

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90 Meetings in 90 Days

Use the Phone

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**KEEP COMING BACK. IT WORKS**