

SUNDAY**7:00AM New Brunswick** Early Morning Serenity, **(O,D,VM)**

Zoom ID: 849 0753 4958, Passcode: 2468

8:30AM New Brunswick Aging In Recovery, **(O,D,S,Lc,VM)**

Zoom ID: 947 689 341, Passcode: 771764

11:00AM New Brunswick Cha Cha Cha, RWJ Fitness Center Community Room, 100 Kirkpatrick St. **(O,B,Bk,S,WC,NS,St1-3)****5:30PM Highland Park** You Better Work, Pride Center of New Jersey, 85 Raritan Ave **(O,G,WC,NS,V)****6:00PM Piscataway** Return To Sanity, **(O,V,VM)**

Zoom ID: 334 718 322, Passcode: 393356

7:00PM Flemington A Message of Hope, Calvary Episcopal Church, 44 Broad Street **(O,P,JFT,St,WC,NS,Lc)****7:00PM North Plainfield** Acceptance Group, Holy Church of Christ, Red door w/Bench in front, 40 Mercer Ave. **(C,S,St,WC,NS)** No parking in driveway**MONDAY****7:00AM New Brunswick** Early Morning Serenity, **(O,D,Tp,VM)**

Zoom ID: 849 0753 4958, Passcode: 2468

5:30PM New Brunswick Here & Now, Emanuel Lutheran Church, corner of New St., 1-3 Kirkpatrick St. **(C,D,NS)****7:00PM Highland Park** Pain, Patience, Peace Women's Meeting, 233 Raritan Ave **(O,D,S,W,NS,HY)**

Zoom ID: 827 5223 5781, Passcode: peace

7:30PM Skillman Never Alone Never Again, 24 Club at 1860 House, 124 Montgomery Avenue **(O,JFT,NS,V)****7:30PM Pluckemin** Share The Solution, Presbyterian Church at Pluckemin - Trinity Room, Entrance in back (gravel parking lot), 311 Rt. 202-206 North **(O,D,S,NS)****7:30PM Plainfield** The Plainfield Connection Group, **(O,D,S,Lc,VM)**

Zoom ID: 810 4347 4449, Passcode: pcg

TUESDAY**7:00AM New Brunswick** Early Morning Serenity, **(O,Bk,D,VM)**

Zoom ID: 849 0753 4958, Passcode: 2468

NOON New Brunswick We Do Recover Lunch Bunch, **(O,JFT,VM)**

Zoom ID: 833 4578 0717, Passcode: 466092

7:30PM Plainfield More Will Be Revealed, Second Street Youth Center, 200 Plainfield Ave **(O,JFT,S,NS,St1-3)** Rotating format**7:30PM Somerville** No Substitutions, First United Methodist Church, 48 W. High Street **(O,D,S,Tp,WC,NS)****WEDNESDAY****7:00AM New Brunswick** Early Morning Serenity, **(O,D,St1-3,VM)**

Zoom ID: 849 0753 4958, Passcode: 2468

7:30PM Readington Back To Basics, Readington Reformed Church, 124 Readington Rd. (Whitehouse Station) **(O,S,St,NS,Lc)****WEDNESDAY (CONT)****7:30PM Plainfield** Free at Last, United Presbyterian Church, 525 East Front Street **(C,JFT,NC,S,WC,NS)****7:30PM Bound Brook** Keep Your Eye on the Prize, Bound Brook Presbyterian Church, 409 Mountain Avenue **(O,WC,NS)****7:30PM New Brunswick** Stardust Ballroom Men's Meeting, Emanuel Lutheran Church, 1-3 Kirkpatrick St **(C,D,M,Ro,S,NS,HY)**

Zoom ID: 785 406 066, Passcode: 812407

THURSDAY**7:00AM New Brunswick** Early Morning Serenity, **(O,D,P,Tp,VM)**

Zoom ID: 849 0753 4958, Passcode: 2468

6:00PM Plainfield We Do Recover, United Church of Christ Congregational, 220 West 7th Street **(C,JFT,NC,WC,NS)****7:30PM Martinsville** Give Yourself A Break, St. Martins Episcopal Church, 1350 Washington Valley Rd. **(O,D,S,Tp,WC,NS)****7:30PM Plainfield** Living The Program, Elks Mohawk Lodge, 1357 West 3rd St. & Rushmore Ave. **(O,D,S,Tp,WC,NS)****7:30PM New Brunswick** Speak@Ease, RWJ Health & Fitness Center Community Room, 2nd floor, 100 Kirkpatrick St. **(C,H&W,NC,S,St,Td,WC,NS)****9:30PM New Brunswick** New Brunswick Young People's Meeting, Bioresource Engineering Lab (near 20 College Farm Road West), 18 Ag Extension Way **(O,D,JFT,S,Y,NS)****FRIDAY****7:00AM New Brunswick** Early Morning Serenity, **(O,D,VM)**

Zoom ID: 849 0753 4958, Passcode: 2468

NOON New Brunswick We Do Recover Lunch Bunch, **(O,JFT,VM)**

Zoom ID: 833 4578 0717, Passcode: 466092

7:00PM New Brunswick Back To Basics, Bioresource Engineering Lab (near 20 College Farm Road West), 18 Ag Extension Way **(O,Bk,D,S,NS)****7:00PM New Brunswick** The Day After, **(O,JFT,S,VM)**

Zoom ID: 599 750 784, Passcode: 129155

7:30PM Bound Brook New Beginnings, Bound Brook Presbyterian Church, 409 Mountain Avenue **(O,NS)****SATURDAY****7:00AM New Brunswick** Early Morning Serenity, Emmanuel Lutheran Church, 1-3 Kirkpatrick St. **(O,D,S,Tp,WC,NS,HY)**

Zoom ID: 849 0753 4958, Passcode: 2468

7:00PM New Brunswick Living Clean and Sharing the Solution, **(O,D,S,Lc,VM)**

Zoom ID: 813 0643 8543, Passcode: 337101

7:00PM New Brunswick The Real Deal, Emanuel Lutheran Church, 1-3 Kirkpatrick Street **(O,D,JFT,St,WC,NS)****7:30PM Somerville** Steppin on Saturday, First United Methodist Church, 48 W. High Street **(O,S,St,NS)****10:00PM New Brunswick** Just For Tonight, College Ave Community Church, 100 College Ave. **(O,D,JFT,S,NS)** Candlelight

M	Men	St	Step
O	Open (anyone welcome)	B	Beginner
D	Discussion	Bk	Basic Text
C	Closed (addicts only)	G	Gay/Lesbian
P	Pamphlet	JFT	just for Today
S	Speaker	Tp	Topic
Td	Tradition	WC	Wheelchair
Y	Youth	Ro	Rotating
W	Women	H&W	It Works How and Why
NC	No Children	V	Varied
NS	No Smoking	Lc	Living Clean
HY	Hybrid Meeting	St1-3	Steps 1, 2 and 3
VM	Virtual Meeting		

VIRTUAL MEETINGS<https://online.nanj.org>



Combined Area Meeting list for:

Freedom Through Unity Area Greater Plainfield Area Greater New Brunswick Area

JANUARY 2026

24 HOUR HELPLINE

732-933-0462

www.nanj.org

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**

Basic Text, page 65

SUGGESTIONS FOR EVERYONE

- Avoid People, Places and Things You Used With/At
- Come Early and Stay Late
- Don't Use and Go to meetings
- Get and Use a Sponsor
- Get a Home Group
- 90 Meetings in 90 Days
- Use the Phone
- Get involved in Service

KEEP COMING BACK. IT WORKS.