# **SUNDAY**

- 10:30AM Newark Spiritual Awakening, Al-Anon Association, 384 N. 7th Avenue (C,RR,St,Td,WC,NS)
- 11:00AM Montclair Sunday AM Recovery, Mountainside Medical Center, Private dining room in rear of cafeteria / Free parking pass validated at front desk., 1 Bay Avenue (O,JFT,St,WC,NS,Lc,Gr)
- 11:30AM East Orange Sanity On Sunday, East Orange VA Medical Center, 3rd Floor Auditorium, 385 Tremont Avenue (O,Bk,D,S)
- **3:00PM Newark** *Relationships in Recovery / Total Commitment*, Hospital, Auditorium, 201 Lyons Ave.

# (C,JFT,NC,NS,St1-4,Td1-4)

- 5:00PM Newark El Milagro, 7 South Street (O,Bi,D,NS,St1-3)
- **6:00PM East Orange** *It's OK to Recover*, Isaiah House, 238 North Munn Ave. **(O,WC,NS)**
- **7:30PM Nutley** *Just For Today*, Franklin Reformed Church, 45 Hillside Crescent **(C,D,JFT,NS,L)**
- **7:30PM Verona** *New Attitudes*, United Methodist Church, 26 Montrose Avenue **(C,D,S,Tp,NS)**

# **MONDAY**

- **NOON Nutley** *Good Day To Be Alive*, Franklin Reformed Church, 45 Hillside Crescent **(O,B,D,NS)**
- 12:30PM Newark Monday Miracle Group, 384 7th Ave. (O,NS,V)
- **7:30PM Newark** *La Realidad/The Reality Group*, St. James Church, Enter through parking lot, 143 Madison St. **(O,Bi,Tp,NS)**
- **7:30PM Orange** We Can, Bethel Baptist Church, btwn. Park & Center, 229 Wallace St. (O,Ro,WC,NS)
- 8:00PM Verona Foundation Group, Verona United Methodist Church, 26 Montrose Ave. & Hill St. (O,RR,NS)
- 8:00PM Belleville Recovery By The Book, Fewsmith Presbyterian Church, 444 Union Avenue (O,Bk,D,RR,NS)

# **TUESDAY**

- NOON Nutley Good Day To Be Alive, Franklin Reformed Church, 45 Hillside Crescent (O,WC,NS,St1-3)
- 12:30PM Newark Monday Miracle Group, 384 7th Ave. (O,NS,V)
- **6:00PM Newark** *Miracle on Prince Street*, New Directions Center, 9 Lincoln Park **(O,WC,NS,St1-3)**
- **7:00PM Montclair** *Courage To Change*, B'Nai Keshet, 99 S. Fullerton Ave **(O,D,St,Tp,W,SPAD)** *Restarted on 12/2/25*
- 7:00PM East Orange Man to Man, 16 Halsted Street (C,M,WC,NS)
- **7:30PM East Orange** *Grateful Addicts*, East Orange VA Medical Center, 385 Tremont Avenue **(O,NS,V)**
- **7:30PM Cedar Grove** *Steps To Recovery*, Community Church of Cedar Grove, 65 Bowden Road **(O,D,S,St,WC,NS)**

## **WEDNESDAY**

**9:00AM East Orange** *Early Awareness*, Elmwood Presbyterian Church, 135 Elmwood Ave. **(O,D,JFT,S,WC,NS)** 

# **WEDNESDAY (CONT)**

- **NOON Nutley** *Good Day To Be Alive*, Franklin Reformed Church, 45 Hillside Crescent **(O,D,WC,NS)**
- **6:00PM Newark** *Back Together Again*, NJCRI, 393 Central Avenue **(O,NS)**
- **7:00PM Maplewood** *Men's Amends*, Morrow Memorial United Methodist Church, 600 Ridgewood Road **(O,D,M,S,Tp,WC,NS)**
- 7:00PM Orange Spiritual Brothers, Bethel Baptist Church, btwn. Park & Center Sts., 229 Wallace St. (C,M,WC,NS,V)
- **7:30PM Nutley** *LifeLine*, Grace Episcopal Church, 200 Highfield Lane **(O,D,S,WC,NS)**
- **8:00PM Verona** *Recovery Room*, Verona United Methodist Church, 26 Montrose Ave. & Hill St. **(O,Bk,D,NS)**

# **THURSDAY**

- **N00N Nutley** *Good Day To Be Alive,* Franklin Reformed Church, 45 Hillside Crescent **(O,D,Tp,WC,NS,Gr)**
- 1:00PM Newark Learning To Live, Church, 572 Broad Street (O,NS)
- **6:00PM East Orange** *Stronger Than Iron*, 3rd floor, 385 Tremont Ave. **(O,D,Ro,St,NS,Lc)**
- **6:30PM Newark** *Spiritual Sisters With Faith*, NJCRI, 393 Central Ave **(O,W,WC,NS)**
- **7:00PM East Orange** *Colors of Life*, Faith Temple Church, 16 Halsted Street **(O,B,St,WC,NS)**
- **7:30PM Bloomfield** *Recovery With A View*, Presbyterian Church on the Green, 147 Broad St. **(C,NC,S,Tp,NS)**
- **7:30PM Newark** *Renacer*, St. Michael's Church, 172 Broadway **(O,WC,NS,Es)** *Reunión de estudio: Guía de pasos*
- **8:00PM Montclair** *Recover & Discover*, Community Center, 33 Woodland Avenue **(O,S,St,Tp,WC,NS)**
- 8:00PM Belleville Today We Live, Fewsmith Presbyterian Church, Little St. & Union Ave. (O,D,S,NS,St1-3)

#### FRIDAY

- **NOON Nutley** *Good Day To Be Alive*, Franklin Reformed Church, 45 Hillside Crescent **(O,D,JFT,NS)**
- **6:00PM Newark** *It Works*, Alanon Association, 384 7th Ave. W **(C,H&W,NS)**
- **7:00PM East Orange** *Stepping Into Life*, 135 Elmwood Ave. **(O,D,S,St,WC,NS)**
- 8:00PM Bloomfield Brookdale Friday Night Meeting, Brookdale Reformed Church, 16 Bellevue Avenue (O,S,St,WC,NS)
- **8:00PM Livingston** *Ray Of Hope*, Trinity Covenant Church, 343 East Cedar Street **(O,D,S,WC,NS)**
- 10:00PM Glen Ridge Night Crawlers, Glen Ridge Congregational Church, 195 Ridgewood Ave. (O,Cn,JFT,RR,NS,Md)

#### SATURDAY

- 10:00AM Newark 1st Things 1st, Alanon Association, 384 N. 7th Ave. (O,RR,S,St,Td,WC,NS)
- 10:00AM Belleville Little Miracles, Fewsmith Presbyterian Church, Little St. & Union Ave. (O,D,JFT,NS)

### **SATURDAY (CONT)**

- 1:00PM Orange Against All Odds, Bethel Baptist Church, btwn. Park & Center Sts., 229 Wallace St. (C,WC,NS,V)
- **7:00PM Newark** *Saturday Night Recovery*, Alanon Association, 384 N. 7th Ave. **(O,Bk,D,WC,NS)**
- **8:00PM Montclair** 12 Step Workshop, First Congregational Church, enter on side street, 40 South Fullerton Ave. **(O,D,St,NS)**

М	Men	St	Step
0	Open (anyone welcome)	В	Beginner
D	Discussion	Cn	Candlelight
Bk	Basic Text	С	Closed (addicts only)
G	Gay/Lesbian	JFT	Just for Today
RR	Round Robin	S	Speaker
SWG	Step Working Guides	Тр	Topic
Td	Tradition	WC	Wheelchair
Ro	Rotating	W	Women
Md	Meditation	H&W	It Works How and Why
NC	No Children	St1-4	Steps 1-4
Td1-4	Traditions 1-4	V	Varied
NS	No Smoking	Lc	Living Clean
L	Literature	Es	Spanish only
Bi	Bilingual (Span/Eng)	Gr	Grab Bag
SPAD	Spiritual Principle A Day	St1-3	Steps 1, 2 and 3
VM	Virtual Meeting		·

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https://online.nanj.org

PHONE NUMBERS				

# What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Our message is hope and the promise of freedom.

Basic Text, page 65



# Combined Area Meeting list for:

**Essex County** 

**DECEMBER 2025** 

**24 HOUR HELPLINE** 732-933-0462

www.nanj.org

# SUGGESTIONS FOR EVERYONE

Avoid People, Places and Things You Used With/At
Come Early and Stay Late
Don't Use and Go to meetings
Get and Use a Sponsor
Get a Home Group
90 Meetings in 90 Days
Use the Phone
Get involved in Service

**KEEP COMING BACK. IT WORKS**