

SUNDAY

10:30AM Newark *Spiritual Awakening*, Al-Anon Association, 384 N. 7th Avenue **(C,RR,St,Td,WC,NS)**

11:00AM Montclair *Sunday AM Recovery*, Mountainside Medical Center, Private dining room in rear of cafeteria / Free parking pass validated at front desk., 1 Bay Avenue **(O,JFT,St,WC,NS,Lc,Gr)**

11:30AM East Orange *Sanity On Sunday*, East Orange VA Medical Center, 3rd Floor Auditorium, 385 Tremont Avenue **(O,Bk,D,S)**

3:00PM Newark *Relationships in Recovery / Total Commitment*, Hospital, Auditorium, 201 Lyons Ave. **(C,JFT,NC,NS,St1-4,Td1-4)**

5:00PM Newark *El Milagro*, 7 South Street **(O,Bi,D,NS,St1-3)**

6:00PM East Orange *It's OK to Recover*, Isaiah House, 238 North Munn Ave. **(O,WC,NS)**

7:30PM Nutley *Just For Today*, Franklin Reformed Church, 45 Hillside Crescent **(C,D,JFT,NS,L)**

7:30PM Verona *New Attitudes*, United Methodist Church, 26 Montrose Avenue **(C,D,S,Tp,NS)**

MONDAY

NOON Nutley *Good Day To Be Alive*, Franklin Reformed Church, 45 Hillside Crescent **(O,B,D,NS)**

12:30PM Newark *Monday Miracle Group*, 384 7th Ave. **(O,NS,V)**

7:30PM Newark *La Realidad/The Reality Group*, St. James Church, Enter through parking lot, 143 Madison St. **(O,Bi,Tp,NS)**

7:30PM Orange *We Can*, Bethel Baptist Church, btwn. Park & Center, 229 Wallace St. **(O,Ro,WC,NS)**

8:00PM Verona *Foundation Group*, Verona United Methodist Church, 26 Montrose Ave. & Hill St. **(O,RR,NS)**

8:00PM Belleville *Recovery By The Book*, Fewsmith Presbyterian Church, 444 Union Avenue **(O,Bk,D,RR,NS)**

TUESDAY

NOON Nutley *Good Day To Be Alive*, Franklin Reformed Church, 45 Hillside Crescent **(O,WC,NS,St1-3)**

12:30PM Newark *Monday Miracle Group*, 384 7th Ave. **(O,NS,V)**

6:00PM Newark *Miracle on Prince Street*, New Directions Center, 9 Lincoln Park **(O,WC,NS,St1-3)**

7:00PM Montclair *Courage To Change Women's Meeting*, B'Nai Keshet, 99 S. Fullerton Ave **(O,D,St,Tp,W,SPAD)**
Restarted on 12/2/25

7:00PM East Orange *Man to Man*, 16 Halsted Street **(C,M,WC,NS)**

7:30PM East Orange *Grateful Addicts*, East Orange VA Medical Center, 385 Tremont Avenue **(O,NS,V)**

7:30PM Cedar Grove *Steps To Recovery*, Community Church of Cedar Grove, 65 Bowden Road **(O,D,S,St,WC,NS)**

WEDNESDAY

9:00AM East Orange *Early Awareness*, Elmwood Presbyterian Church, 135 Elmwood Ave. **(O,D,JFT,S,WC,NS)**

WEDNESDAY (CONT)

NOON Nutley *Good Day To Be Alive*, Franklin Reformed Church, 45 Hillside Crescent **(O,D,WC,NS)**

6:00PM Newark *Back Together Again*, NJCRI, 393 Central Avenue **(O,NS)**

7:00PM Maplewood *Men's Amends*, Morrow Memorial United Methodist Church, 600 Ridgewood Road **(O,D,M,S,Tp,WC,NS)**

7:00PM Orange *Spiritual Brothers*, Bethel Baptist Church, btwn. Park & Center Sts., 229 Wallace St. **(C,M,WC,NS,V)**

7:30PM Nutley *LifeLine*, Grace Episcopal Church, 200 Highfield Lane **(O,D,S,WC,NS)**

8:00PM Verona *Recovery Room*, Verona United Methodist Church, 26 Montrose Ave. & Hill St. **(O,Bk,D,NS)**

THURSDAY

NOON Nutley *Good Day To Be Alive*, Franklin Reformed Church, 45 Hillside Crescent **(O,D,Tp,WC,NS,Gr)**

1:00PM Newark *Learning To Live*, Church, 572 Broad Street **(O,NS)**

6:00PM Newark *Spiritual Sisters With Faith*, NJCRI, 393 Central Ave **(O,W,WC,NS)**

6:00PM East Orange *Stronger Than Iron*, 3rd floor, 385 Tremont Ave. **(O,D,Ro,St,NS,Lc)**

7:00PM East Orange *Colors of Life*, Faith Temple Church, 16 Halsted Street **(O,B,St,WC,NS)**

7:30PM Bloomfield *Recovery With A View*, Presbyterian Church on the Green, 147 Broad St. **(C,NC,S,Tp,NS)**

7:30PM Newark *Renacer*, St. Michael's Church, 172 Broadway **(O,WC,NS,Es)** *Reunión de estudio: Guía de pasos*

8:00PM Montclair *Recover & Discover*, Community Center, 33 Woodland Avenue **(O,S,St,Tp,WC,NS)**

8:00PM Belleville *Today We Live*, Fewsmith Presbyterian Church, Little St. & Union Ave. **(O,D,S,NS,St1-3)**

FRIDAY

NOON Nutley *Good Day To Be Alive*, Franklin Reformed Church, 45 Hillside Crescent **(O,D,JFT,NS)**

6:00PM Newark *It Works*, Alanon Association, 384 7th Ave. W **(C,H&W,NS)**

7:00PM East Orange *Stepping Into Life*, 135 Elmwood Ave. **(O,D,S,St,WC,NS)**

8:00PM Bloomfield *Brookdale Friday Night Meeting*, Brookdale Reformed Church, 16 Bellevue Avenue **(O,S,St,WC,NS)**

8:00PM Livingston *Ray of Hope*, Trinity Covenant Church, 343 East Cedar Street **(O,D,S,WC,NS)**

10:00PM Glen Ridge *Night Crawlers*, Glen Ridge Congregational Church, 195 Ridgewood Ave. **(O,Cn,JFT,RR,NS,Md)**

SATURDAY

10:00AM Newark *1st Things 1st*, Alanon Association, 384 N. 7th Ave. **(O,RR,S,St,Td,WC,NS)**

10:00AM Belleville *Little Miracles*, Fewsmith Presbyterian Church, Little St. & Union Ave. **(O,D,JFT,NS)**

SATURDAY (CONT)

1:00PM Orange *Against All Odds*, Bethel Baptist Church, btwn. Park & Center Sts., 229 Wallace St. **(C,WC,NS,V)**

7:00PM Newark *Saturday Night Recovery*, Alanon Association, 384 N. 7th Ave. **(O,Bk,D,WC,NS)**

8:00PM Montclair *12 Step Workshop*, First Congregational Church, enter on side street, 40 South Fullerton Ave. **(O,D,St,NS)**

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|-------|---------------------------|-------|-----------------------|
| M | Men | St | Step |
| O | Open (anyone welcome) | B | Beginner |
| D | Discussion | Cn | Candlelight |
| Bk | Basic Text | C | Closed (addicts only) |
| G | Gay/Lesbian | JFT | Just for Today |
| RR | Round Robin | S | Speaker |
| SWG | Step Working Guides | Tp | Topic |
| Td | Tradition | WC | Wheelchair |
| Ro | Rotating | W | Women |
| Md | Meditation | H&W | It Works How and Why |
| NC | No Children | St1-4 | Steps 1-4 |
| Td1-4 | Traditions 1-4 | V | Varied |
| NS | No Smoking | Lc | Living Clean |
| L | Literature | Es | Spanish only |
| Bi | Bilingual (Span/Eng) | Gr | Grab Bag |
| SPAD | Spiritual Principle A Day | St1-3 | Steps 1, 2 and 3 |
| VM | Virtual Meeting | | |



<https://online.nanj.org>

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What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**



Combined Area Meeting list for:

Essex County

JANUARY 2026

24 HOUR HELPLINE

732-933-0462

www.nanj.org

SUGGESTIONS FOR EVERYONE

Avoid People, Places and Things You Used With/At

Come Early and Stay Late

Don't Use and Go to meetings

Get and Use a Sponsor

Get a Home Group

90 Meetings in 90 Days

Use the Phone

Get involved in Service

KEEP COMING BACK. IT WORKS