

**SUNDAY**

**10:30AM Newark** Spiritual Awakening, Al-Anon Association, 384 N. 7th Avenue **(C,RR,St,Td,WC,NS)**

**11:00AM Montclair** Sunday AM Recovery, Mountainside Medical Center, Private dining room in rear of cafeteria / Free parking pass validated at front desk., 1 Bay Avenue **(O,JFT,St,WC,NS,Lc,Gr)**

**11:30AM East Orange** Sanity On Sunday, East Orange VA Medical Center, 3rd Floor Auditorium, 385 Tremont Avenue **(O,Bk,D,S)**

**3:00PM Newark** Relationships in Recovery / Total Commitment, Hospital, Auditorium, 201 Lyons Ave. **(C,JFT,NC,NS,St1-4,Td1-4)**

**5:00PM Newark** El Milagro, 7 South Street **(O,Bi,D,NS,St1-3)**

**6:00PM East Orange** It's OK to Recover, Isaiah House, 238 North Munn Ave. **(O,WC,NS)**

**7:30PM Nutley** Just For Today, Franklin Reformed Church, 45 Hillside Crescent **(C,D,JFT,NS,L)**

**7:30PM Verona** New Attitudes, United Methodist Church, 26 Montrose Avenue **(C,D,S,Tp,NS)**

**MONDAY**

**NOON Nutley** Good Day To Be Alive, Franklin Reformed Church, 45 Hillside Crescent **(O,B,D,NS)**

**12:30PM Newark** Monday Miracle Group, 384 7th Ave. **(O,NS,V)**

**7:30PM Newark** La Realidad/The Reality Group, St. James Church, Enter through parking lot, 143 Madison St. **(O,Bi,Tp,NS)**

**7:30PM Orange** We Can, Bethel Baptist Church, btwn. Park & Center, 229 Wallace St. **(O,Ro,WC,NS)**

**8:00PM Verona** Foundation Group, Verona United Methodist Church, 26 Montrose Ave. & Hill St. **(O,RR,NS)**

**8:00PM Belleville** Recovery By The Book, Fewsmith Presbyterian Church, 444 Union Avenue **(O,Bk,D,RR,NS)**

**TUESDAY**

**NOON Nutley** Good Day To Be Alive, Franklin Reformed Church, 45 Hillside Crescent **(O,WC,NS,St1-3)**

**12:30PM Newark** Monday Miracle Group, 384 7th Ave. **(O,NS,V)**

**6:00PM Newark** Miracle on Prince Street, New Directions Center, 9 Lincoln Park **(O,WC,NS,St1-3)**

**7:00PM Montclair** Courage To Change Women's Meeting, B'Nai Keshet, 99 S. Fullerton Ave **(O,D,St,Tp,W,SPAD)**  
Restarted on 12/2/25

**7:00PM East Orange** Man to Man, 16 Halsted Street **(C,M,WC,NS)**

**7:30PM East Orange** Grateful Addicts, East Orange VA Medical Center, 385 Tremont Avenue **(O,NS,V)**

**7:30PM Cedar Grove** Steps To Recovery, Community Church of Cedar Grove, 65 Bowden Road **(O,D,S,St,WC,NS)**

**WEDNESDAY**

**9:00AM East Orange** Early Awareness, Elmwood Presbyterian Church, 135 Elmwood Ave. **(O,D,JFT,S,WC,NS)**

**WEDNESDAY (CONT)**

**NOON Nutley** Good Day To Be Alive, Franklin Reformed Church, 45 Hillside Crescent **(O,D,WC,NS)**

**6:00PM Newark** Back Together Again, NJCRI, 393 Central Avenue **(O,NS)**

**7:00PM Maplewood** Men's Amends, Morrow Memorial United Methodist Church, 600 Ridgewood Road **(O,D,M,S,Tp,WC,NS)**

**7:00PM Orange** Spiritual Brothers, Bethel Baptist Church, btwn. Park & Center Sts., 229 Wallace St. **(C,M,WC,NS,V)**

**7:30PM Nutley** LifeLine, Grace Episcopal Church, 200 Highfield Lane **(O,D,S,WC,NS)**

**8:00PM Verona** Recovery Room, Verona United Methodist Church, 26 Montrose Ave. & Hill St. **(O,Bk,D,NS)**

**THURSDAY**

**NOON Nutley** Good Day To Be Alive, Franklin Reformed Church, 45 Hillside Crescent **(O,D,Tp,WC,NS,Gr)**

**1:00PM Newark** Learning To Live, Church, 572 Broad Street **(O,NS)**

**6:00PM Newark** Spiritual Sisters With Faith, NJCRI, 393 Central Ave **(O,W,WC,NS)**

**6:00PM East Orange** Stronger Than Iron, 3rd floor, 385 Tremont Ave. **(O,D,Ro,St,NS,Lc)**

**7:00PM East Orange** Colors of Life, Faith Temple Church, 16 Halsted Street **(O,B,St,WC,NS)**

**7:30PM Bloomfield** Recovery With A View, Presbyterian Church on the Green, 147 Broad St. **(C,NC,S,Tp,NS)**

**7:30PM Newark** Renacer, St. Michael's Church, 172 Broadway **(O,WC,NS,Es)** Reunión de estudio: Guía de pasos

**8:00PM Montclair** Recover & Discover, Community Center, 33 Woodland Avenue **(O,S,St,Tp,WC,NS)**

**8:00PM Belleville** Today We Live, Fewsmith Presbyterian Church, Little St. & Union Ave. **(O,D,S,NS,St1-3)**

**FRIDAY**

**NOON Nutley** Good Day To Be Alive, Franklin Reformed Church, 45 Hillside Crescent **(O,D,JFT,NS)**

**6:00PM Newark** It Works, Alanon Association, 384 7th Ave. W **(C,H&W,NS)**

**7:00PM East Orange** Stepping Into Life, 135 Elmwood Ave. **(O,D,S,St,WC,NS)**

**8:00PM Bloomfield** Brookdale Friday Night Meeting, Brookdale Reformed Church, 16 Bellevue Avenue **(O,S,St,WC,NS)**

**8:00PM Livingston** Ray of Hope, Trinity Covenant Church, 343 East Cedar Street **(O,D,S,WC,NS)**

**10:00PM Glen Ridge** Night Crawlers, Glen Ridge Congregational Church, 195 Ridgewood Ave. **(O,Cn,JFT,RR,NS,Md)**

**SATURDAY**

**10:00AM Newark** 1st Things 1st, Alanon Association, 384 N. 7th Ave. **(O,RR,S,St,Td,WC,NS)**

**10:00AM Belleville** Little Miracles, Fewsmith Presbyterian Church, Little St. & Union Ave. **(O,D,JFT,NS)**

**SATURDAY (CONT)**

**1:00PM Orange** Against All Odds, Bethel Baptist Church, btwn. Park & Center Sts., 229 Wallace St. **(C,WC,NS,V)**

**7:00PM Newark** Saturday Night Recovery, Alanon Association, 384 N. 7th Ave. **(O,Bk,D,WC,NS)**

**8:00PM Montclair** 12 Step Workshop, First Congregational Church, enter on side street, 40 South Fullerton Ave. **(O,D,St,NS)**

M	Men	St	Step
O	Open (anyone welcome)	B	Beginner
D	Discussion	Cn	Candlelight
Bk	Basic Text	C	Closed (addicts only)
G	Gay/Lesbian	JFT	Just for Today
RR	Round Robin	S	Speaker
SWG	Step Working Guides	Tp	Topic
Td	Tradition	WC	Wheelchair
Ro	Rotating	W	Women
Md	Meditation	H&W	It Works How and Why
NC	No Children	St1-4	Steps 1-4
Td1-4	Traditions 1-4	V	Varied
NS	No Smoking	Lc	Living Clean
L	Literature	Es	Spanish only
Bi	Bilingual (Span/Eng)	Gr	Grab Bag
SPAD	Spiritual Principle A Day	St1-3	Steps 1, 2 and 3
VM	Virtual Meeting		



<https://online.nanj.org>



Combined Area Meeting list for:  
**Essex County**

JANUARY 2026

## **24 HOUR HELPLINE**

[www.nanj.org](http://www.nanj.org)

## **SUGGESTIONS FOR EVERYONE**

### Avoid People, Places and Things You Used With/At

## Come Early and Stay Late

## Don't Use and Go to meetings

## Get and Use a Sponsor

## Get a Home Group

## 90 Meetings in 90 Days

## Use the Phone

## Get involved in Service

## COMING BACK. IT W

**What is our message?**

**The message is that an addict, any addict, can stop using drugs lose the desire to use, and find a new way to live.**

**Our message is hope and the promise of freedom.**