

Sanity

November 2006

Newsletter of the New Jersey Region



The Importance of the GSR



Group Service Representatives, also called GSR's form the foundation of our service structure; participating in Area Service Committee meetings, attending workshops, and taking information to and from the Groups they serve.

As stated in NA IP No. 2 The Group, ... in becoming a GSR, responsibilities include:

- Attending the Area Service Committee meetings regularly.
- Serving as a member on Area Service subcommittees.
- Serving as a liaison between the Group and the Area.
- Sharing responsibilities with the GSR Alternate of your Group.
- Keeping the Group Accurately registered with World Service.

The most important facet of this position is to be the communicator for the Group and the rest of the fellowship. The GSR is the vital link of communication whose purpose it is to represent the Group's conscience in matters affecting other Groups or NA as a whole. This duty requires the representative to provide information to the group about developments in the worldwide NJ Fellowship and to share with the Area any activities, strengths, or problems of the group. It is important that the GSR not break the chain of NA communication.

The commitment of the GSR Alternate parallels that of the GSR, except that it is a two-year commitment with the first year spent in training and the second year as GSR. It is imperative that the GSR Alternative attend each Area Service Conference in order to learn and to provide the GSR with support. The GSR Alternate also acts as GSR in the absence of the GSR.*

* Reprinted from IP No. 2 The Group / NA approved literature.

The Regional Delegate and Regional Delegate Alternate recently held a GSR Assembly for the southern Counties of our Region. A second GSR Assembly is scheduled for the northern Counties of the Region on December 16, 2006, at the Knights of Columbus Hall in Edison from 2:00 to 6:00 PM. Please encourage GSR's in your Area to attend this Assembly.

Participating in service work is part of working the Twelfth Step. There is nothing more precious than the gift that NA has given each of us and we must remember that this is a WE Fellowship and what WE cannot do alone, WE can do together and we must keep in mind **the importance of the GSR.**

Updating NA Meeting Information



Many Groups do not know the importance of updating their meeting information on the Regional Website at nanj.org. When you go to the Website and update your information, it is automatically sent to the NJ Statewide Meeting Directory for updating in the next printing of the Statewide Directory. The Directory is printed about twice a year and relies on the information from the Website to keep a current record of meeting locations.

Keeping information current has a four-fold benefit. First, there are addicts who travel around the state and look at the Website for a meeting in the neighborhood that they will be visiting.

Second, the information from the Website is the same information that is printed in the Statewide Meeting Directory.

Third, the same information is passed along to the Helpline to insure that the information will be current when obtained by an addict when calling the helpline.

Fourth, the recently acquired Regional Insurance for all Groups in NJRSC relies on the information in the Statewide Directory to provide a listing to the insurance agent.

So please, if your Group has any facility changes, updates, or deletions, go to the Website at nanj.org and click on NA MEETINGS in the left column. On the next page, click on **Update it here** in the middle of the page. This will take you to the update form. Please be sure to include your email address because there are often questions that need answering before the updating process can be completed.

I hope this information has helped you understand the importance of **updating NA meeting information**.

NJRCNA XXII Convention Committee



The 2007 NJRCNA XXII convention will be held on July 6, 7, 8, 2007, at the East Brunswick Hilton, East Brunswick. The Convention Committee has been meeting regularly, and is diligently working on the preparation involved in putting together the convention.

Flyers have been distributed seeking a theme, a logo, and speakers. A Fundraiser has already been held.

The Convention Committee is in need of volunteers to work in all areas. If you have any free time and are looking for a rewarding commitment, please consider assisting the **NJRCNA XXII Convention Committee**.

Literature Review



The Sixth edition of the Basic Text is in circulation for review and input. NA World Service is requesting all feedback by February 28, 2007.

NJRSC has a new Lit Review Chair who is organizing a committee to review this project in order to obtain a complete critique by everyone on his committee so that he may put forth a unified NJRSC input to NAWS.

If you are a Literature lover or just an NA lover and would like to be involved in this process, please contact the NJRSC Literature Review Chair and participate in **Literature Review**.

Public Information

The primary purpose of the PI Committee is to assist the Addict in finding an NA meeting, provide information about NA to the community and increase the understanding to professionals about Narcotics Anonymous.

The NJ Regional Service Conference Public Information Chair position is currently open. During the previous term, the committee was responsible for Statewide projects in coordination with North New Jersey Region to include:

- A PI effort to the Drug Courts, Judges, and TASC Coordinators;
- A PI effort to probation, parole, and ISP;
- Mailing books to libraries;
- Reaching out to the medical community;
- A PI effort to facilities churches and schools that have NA meetings.

With the absence of a PI Chair, the following projects are left unattended:

- Sending a new NJ Statewide Meeting Directory mailing to all drug courts and treatment professionals;
- Monitoring the NJ Transit bus poster project.
- Providing an information booth at the Annual Treatment Providers Conference in Atlantic City in April of each year.

If your heart is in helping others, please consider joining NJRSC **Public Information**.

Send input and articles to:

Sanity

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Sanity is published every two months as a service of the New Jersey Region for its Groups and Members. Input and articles are welcome on all recovery related topics.

Opinions expressed here are those of individual addicts, not NA as a whole.

Issues of SANITY can be downloaded from the NJ Statewide Website at www.nanj.org

Words of Wisdom: Figure out what the problem is; Figure out what the solution is; Stop living in the problem and start living in the solution.

Editor: MD