Newsletter of the New Jersey Region

# lay 2015





## Life Without Drugs? What Will | Do With Myself?

I can't live without getting high.

Drugs are my life.

I won't have any friends if I stop using.

All my friends get high.

My life is Centered

I won't have anything to do if I stop getting high.

My dealer is my

best friend.

around

I've been high since I was 12.

Leave me alone. I am fine. I don't want to stop.

... the courage to change the things I can.

A Fellowship of men and women for whom drugs had become a problem.

Complete abstinence from all mind and mood altering substances.

Find a NEW WAY TO LIVE Varcotics

NA Speaker Jams

NA Music Events

**NA Fundraisers** 

**NA Dances** 

NJRCNA XXX

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August 7, 8, 9, 2015 Regional Convention

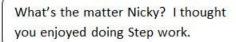
Friends who don't use

NA Service

Sponsorship

## The Adventures of Nicky Newcomer

## (Step Four)



I do, Cookie, but I am working on another Step Four and ...

> I am re-living some of the pain of my past that I recently remembered.

We have to go through it to get to the other side, Nicky. That is the only way we can let go of what keeps us stuck in the past.

#### Later

Hi Sparky, yeah I finished my Step Four. I want to go over it soon while it is fresh in my mind because it brought up some old painful memories and the sooner we do it the better for me to move on.



EAST COAST CONVENTION OF NA JUNE 12, 13, 14, 2015 GEORGIAN COURT COLLEGE, LAKEWOOD



### **NEW JERSEY REGION CONVENTION XXX**

AUGUST 7, 8, 9, 2015 Crowne Plaza Hotel / Cherry Hill **SUPPORT NEW JERSEY REGION** 



# ¿Hablas Espanol?

¿Quieres devolver lo que gratuitamente se te ha dado?

La linea de auxilio de NA necesita voluntarios urgentemente!

Por favor consideration de NA necesita voluntarios urgentemente! Por favor, consideralo Manda tu nombre y direccion electronica a <helpline@nanj.org>

#### **New Jersey Statewide History & Archive Committee**

Looking for recovering addicts who got clean prior to 1987. If you have information regarding meetings in the 1960's, 1970's, or 1980's, or have old memorabilia you would let us copy, please contact us at history-archives@nanj.org

If your Area Service has a written History, may we please have a copy of it?

Send input to: <a href="mailto:sanity@nanj.org">sanity@nanj.org</a>

Sanity is published every two months as a service of the New Jersey Region for its Groups and Members. Input and articles are welcome on all recovery related topics.

Opinions expressed here are those of individual addicts, not NA as a whole.

Issues of SANITY can be downloaded from the NJ Statewide Website at www.nanj.org

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