



SANITY

This and That and Service Work

¿Hablas Espanol?

¿Quieres devolver lo que gratuitamente se te ha dado?

La linea de auxilio de NA necesita voluntarios urgentemente!

Por favor, consideralo.

Manda tu nombre y direccion electronica a <helpline@nanj.org>

I DON'T UNDERSTAND / THINGS TO PONDER

Don't complain to me; I am only the messenger

- Have you ever noticed how easily people jump to the front of the line to complain?
- Have you ever noticed how easy it is to push the blame on someone else?
- Have you ever noticed that NA events are not well attended like they used to be?
- Have you ever noticed that 10% of the people do 90% of the commitments?
- Have you ever considered that part of the problem might be you?
- Have you ever considered that part of the solution might be you?
- Have you considered that you can stop complaining and 'step up to the plate'?

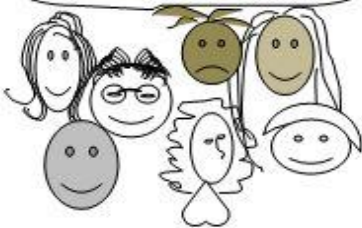
There are many, many NA commitments waiting for Trusted Servants to fill them.

- Has anyone ever said to you: "I went to a great Speaker Jam last night" and you said "why didn't you tell me about it, I would have gone with you?"
- Has anyone ever been missing for three days and when they return they tell you about a great convention they just went to? You say to them: "Why didn't you tell me about it, I would have gone with you?"
- Have you ever wondered where you could go to have some NA fun?
- Perhaps people are not attending events because they don't know about them.

**STOP PASSING AROUND THAT BINDER AT MEETINGS
WITHOUT READING THE ANNOUNCEMENTS!**

The Adventures of Nicky Newcomer

How Many Nickie?
Howdja do that?



SEVENTEEN YEARS!

I did it one day at a time;
I have always had a Sponsor;
I have a homegroup;
I have commitments;
I have a recovery network;
I do Step work; and
I keep coming back.
This program really works.



New Jersey Statewide History & Archive Committee

Looking for recovering addicts who got clean prior to 1987

If you have information regarding meetings in the 1960's, 1970's, or 1980's, or have old memorabilia you would let us copy, please contact us at history-archives@nanj.org
If your Area Service has a written History, may we please have a copy of it?

Jersey Unity **Upcoming Conventions**

**CAPE ATLANTIC AREA CONVENTION
MIRACLES DO HAPPEN
FEB 27, 28, MAR 1, 2015
GALLOWAY NJ**

**CAPITAL AREA CONVENTION
A SPIRITUAL AWAKENING
MARCH 13, 14, 15, 2015
LANGHORNE PA**

**EAST COAST
CONVENTION OF NA
JUNE 12, 13, 14, 2015
GEORGIAN COURT
COLLEGE
LAKEWOOD NJ**



**NEW JERSEY REGION CONVENTION XXX
AUGUST 7, 8, 9, 2015
Crowne Plaza Hotel / Cherry Hill
SUPPORT NEW JERSEY REGION**



Send input to: sanity@nanj.org

Sanity is published every two months as a service of the New Jersey Region for its Groups and Members.
Input and articles are welcome on all recovery related topics.

Opinions expressed here are those of individual addicts, not NA as a whole.

Issues of SANITY can be downloaded from the NJ Statewide Website at www.nanj.org