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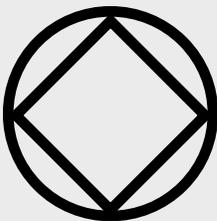
# SANITY

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## Newsletter

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**Sanity is published every two months as a service of the new jersey region for its Groups and Members. Input and topics relating to recovery are welcome. Sanity can be reached at [www.sanity@nanj.org](mailto:www.sanity@nanj.org) Opinions expressed here are those of individual addicts, not NA as a whole. Issues of SANITY can be downloaded from the NJ Statewide Website at [www.nanj.org](http://www.nanj.org)**



### **The CAR report is in!**

*For those that don't know what the CAR is.....*

CAR stands for Conference Agenda Report. It is a publication that consists of business and issues that will be considered during the biennial World Service Conference.

Just like your home group has a representative that goes to an Area Service Conference the New Jersey Region, made up of all the Area's in our part of the state, has a representative, called a Regional Delegate, that goes to the World Service Conference. The World Service Conference meets every two years and consists of representatives from all the Regions around the world.

Similar to how most Area's have motions that will go back to the groups to gain group conscience on issues affecting the area as a whole, the Conference Agenda Report is the vehicle by which motion affecting the entire fellowship are sent to the groups for Group Conscience. And just as your Group Service Representative carries the conscience of you home

group to area our Regional Delegate carries the conscience of our region to the World Service Conference.

This years CAR consists of six motions made by the World Board of NA and several ideas being proposed by various regions throughout the world. Every home group in our region will be voting on these motions and proposals. In fact, every home group throughout the world will have an opportunity to have their say on these issues. We are a world wide fellowship and this is the way "We" decide the direction of our fellowship.

See your RCM to know when these votes need to be in. There will be several CAR workshops throughout the state over the next few weeks, your RCM should have the details. A copy of the CAR can be found online at <http://na.org/?ID=conference-index> ■

### **Sleepless in South Jersey**

It's a typical cold and grey Pittsburgh December afternoon. I'm home

