

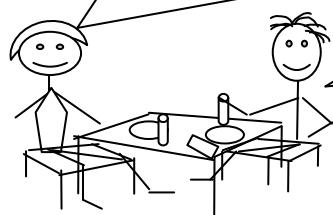
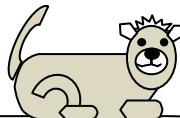


SANITY

Honesty

The Adventures of Nicky Newcomer

Nicky, that was a very thorough Step Five you just did. I'm really proud of you. Your honesty is really commendable. I think you went deeper into your past this time than you did with your first Step Five.



Thanks Spark. This time I delved deeper into my resentments and the cause of them. I also sought out my part in them. I remembered things that I did not remember the first time I did the Step. Some of the memories are not pleasant, but I know that I need to address them in order to recover.

By the way, Nick, another meeting lost their meeting place. The facility discovered that someone was stealing toilet paper and some other items were missing.

Hahahahaha, stealing toilet paper.! That's sick!



Nicky, that's not funny. Stealing is stealing. We should always respect our meeting places. The facilities are kind enough to let us hold meetings there; we should never do anything to jeopardize that.



Cookie is right. There is nothing funny about stealing. We need to be mindful that we are recovering addicts and that some people do not look favorably upon us. Our reputation as addicts precedes our recovery and not everyone can get beyond the word 'addict'. Also, do you remember last spring when a group lost their meeting place because they were loud and disrespectful of the residential neighborhood outside the facility? There was also the meeting that was asked to leave the church because they continued to use profanity. Don't forget the group that was asked to leave the Center because there was a fight and a window got broken. We need to step up to the plate and be responsible adults.

Oh man, yes! I'm sorry for laughing. You're right. There is nothing funny about stealing. Losing a meeting location is a sad thing to happen and definitely does nothing for our reputation. I apologize. Step Ten in action!



I AM YOUR DISEASE

I hate meetings, I hate a Higher Power.

I hate anyone who has a program.

To all that come in contact with me, I wish you suffering.

Allow me to introduce myself to you;

I am the disease of addiction;

Cunning, baffling, powerful, and patient. That's me.

I have killed millions and I am pleased.

I love to catch you with the element of surprise.

I love pretending I am your friend and lover.

I have given you comfort, haven't I? Wasn't I there when you were lonely?

When you wanted to die, didn't you call me? I was there.

I love to make you cry and I love to make you hurt.

Better yet, I love to make you so numb that you can neither hurt nor cry.

You can't feel anything at all ... this is a true glory.

I'll give you instant gratification and all I ask of you is long term suffering.

I have been there for you always.

When things were going right in your life, you invited me.

You said you didn't deserve these good things -

and I was the only one who would agree with you.

Together we are able to destroy all good things in your life.

People do not take me seriously.

They take heart attacks, strokes, and diabetes seriously.

More than you hate me, I hate all of you with twelve a step program.

Your program, meetings, and Higher Power weaken me,

And I cannot function in the manner I am accustomed to. Now I must lie here quietly.

You don't see me, but I am there, growing bigger than ever.

When you only exist I may live and when you live I may only exist.

But I am here and until we meet again ... if we meet again

I wish you death and suffering

Anonymous

**Jersey Unity
Upcoming
Conventions**

BERGEN AREA CONVENTION
NEW YEARS EVE
DECEMBER 30, 2013
HANOVER MARRIOT
WHIPPANY NJ



¿Hablas Espanol?

¿Quieres devolver lo que gratuitamente se te ha dado?

La Linea de auxilio de NA necesita voluntarios
urgentemente!

Por favor, consideralo.

Communicate con tu representante de Informacion
Publica en tu Area de Servicio para mas informacion.

Send input to: sanity@nanj.org

Sanity is published every two months as a service of the New Jersey Region for its Groups and Members.

Input and articles are welcome on all recovery related topics.

Opinions expressed here are those of individual addicts, not NA as a whole.

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MD