



SANITY

Helpline

The Adventures of Nicky Newcomer

Saturday
1:35 AM



Hello. Yes, I'm Nick. That's okay, I am here to help. What can I do for you?

I need help man. I need help. ((crying)) ... I can't stop using. I've lost everything. My family won't help me. I have no friends any more. My life is a mess. I can't take it any more. ((crying)) Help me!

I can't sleep. I can't stop shaking. I'm so dope sick I want to die. I was told that I could call the Helpline and they would help me. I don't know what to do. I don't know how it got this bad. I need to stop using but I don't know how. I'm a mess dude, I'm a real mess. ((crying))



You've done the right thing by calling the Helpline. We understand what you are going through because we have all been there.

Well dude, you need to get to an NA meeting. NA is a fellowship of men and women just like you and me who have a problem with drugs. We are there to help each other. What is your first name and what town do you live in? I'll find a meeting I can meet you at or do you need a ride?



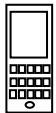
My name is Chuck and I live in Anytown. Please help me. I don't have a car.

Anytown is next to Stickville. Let me look in our meeting listing. Hold on dude.

There is a 9 AM meeting in Anytown at 123 Main Street in the back. I've been there many times. It is a good meeting on Steps 1, 2, and 3. There's also the 11 AM meeting in Stickville.



There is a 9 o'clock meeting in Anytown or an 11 o'clock meeting in Stickville. I can pick you up and take you if you like.



I can walk to that meeting in Anytown. I'm in the shelter just down the street. I don't know what NA can do for me. Nobody knows how bad I feel. Nobody will understand what I have been through. ((crying)) I've stolen from my family and they won't let me in the house. I've lost my job and my license. I have been arrested and been in jail. I just can't stop using. The only reason I have a cell phone is because my family wants to be able to check up on me to make sure I'm not dead. I can't take it anymore. ((hysterical crying)) I need help. Thank you. I will go to the meeting.



I will meet you at the meeting at 8:45. I'll have on a red shirt. Hang in there dude.



WORLD CONVENTION The JOURNEY Continues

WCNA 35 in Philadelphia

29 August 2013 – 1 September 2013

[HTTP://WWW.NA.ORG/?ID=WCNA-INDEX](http://www.na.org/?ID=WCNA-INDEX)

ALL REGISTRATIONS FOR WCNA35
MUST BE MADE THROUGH THE ABOVE WEBSITE.

THE WORLD CONVENTION COMMITTEE
HAS ASKED THAT PEOPLE DO NOT DRIVE
TO THE CONVENTION. THERE WILL BE NO
PARKING AVAILABLE, SO PLEASE USE PUBLIC
TRANSPORTATION.

WORLD IS LOOKING FOR LOCAL PEOPLE TO
VOLUNTEER AT THE CONVENTION TO CHAIR
MEETINGS AND ASSIST IN OTHER WAYS.
IF YOU ARE INTERESTED IN VOLUNTEERING,
CONTACT YOUR LOCAL RCM FOR INFORMATION.



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The NA Way Magazine comes out quarterly: in January, April, July, and October.

¿Hablas Espanol?

¿Quieres devolver lo que gratuitamente se te ha dado?

La Linea de auxilio de NA necesita voluntarios urgentemente!

Por favor, consideralo.

Communicate con tu representatante de Informacion Publica en tu Area de Servicio
para mas informacion.

Send input to: sanity@nanj.org

Sanity is published every two months as a service of the New Jersey Region for its Groups and Members.

Input and articles are welcome on all recovery related topics.

Opinions expressed here are those of individual addicts, not NA as a whole.

Issues of SANITY can be downloaded from the NJ Statewide Website at www.nanj.org