



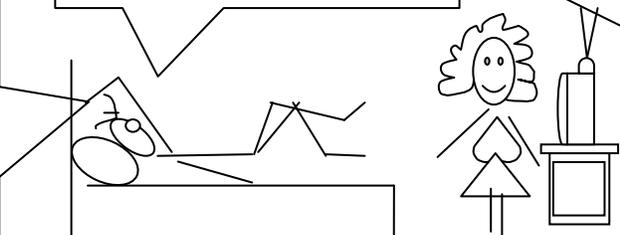
# SANITY

## The Adventures of Nicky Newcomer Bridging the GAP

Cookie, this convention is really good. There are so many good speakers with great messages of recovery.

Last year the workshops inspired me get involved with more service work.

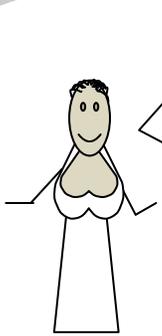
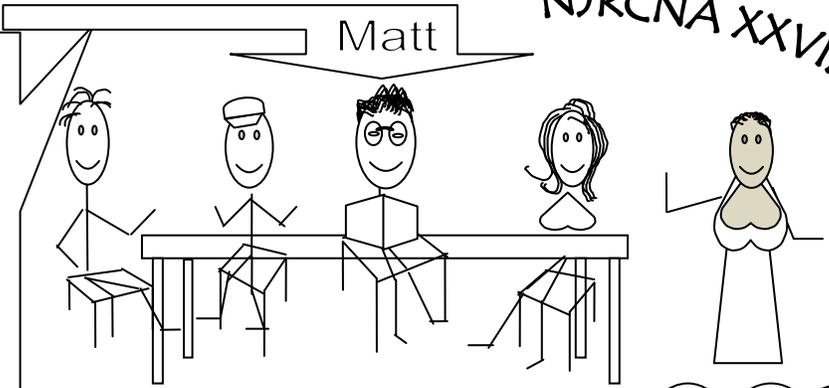
I know Nicky, I'm having a great time. It is so heart-warming to see so many recovering people enjoying freedom from active addiction. All those many years ago I could never have imagined that life could be this good. Let's go Nick, I want to hear the H & I speakers. Are you coming?



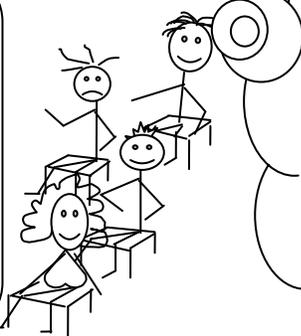
### Hospitals & Institutions Presentation

NJRCNA XXVII

My name is Matt and I am an Addict. Welcome to our H & I presentation. Let's start the meeting with the Serenity Prayer.  
... grant me the serenity ...  
Today we have four inspirational speakers to share their experience, strength, and hope with you as to how H & I has influenced their lives.



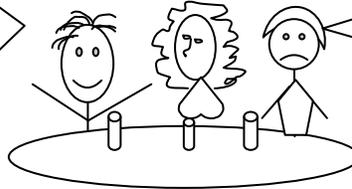
It took me many years of recovery to find out what was missing in my life. Then when I sought the help of my Higher Power I found that helping others is what was missing. I got involved with H & I and started going into the jail every week. It changed my life immeasurably.



I never realized how many people's lives get touched by H & I when they carry the message of recovery into facilities and jails to people who never knew that they have a choice. They are given hope that they too can live clean.

I am so impressed with the great messages that the speakers gave. I never realized how many hospitals, institutions, and jails there are. All their clients need to hear a clear NA message.

It warms my heart to see when a newcomer recognizes someone in the meetings from a panel that went into a facility.



It saddens me that more people don't get involved with helping the newcomers.

## Hospitals & Institutions

is a subcommittee of Narcotics Anonymous.

The members of H & I take presentations into facilities such as rehabs, hospitals, detoxes, and jails to people who are unable to get to regular meetings. Very often this is the first time any of them:

- ✓ Hear of NA
- ✓ Are given hope that they can stop using
- ✓ Hear that they too can have a new way of life
- ✓ Learn that there is a place for them to go when they get out
- ✓ See recovering people living clean
- ✓ Hear the message of HOPE.

To get involved with H & I you can speak with the GSR of your homegroup. They will direct you to the H & I meetings held through your local Area Service Conference.

Anyone who wishes to participate and join an H & I Panel must first attend an H & I orientation to learn the guidelines. These are usually held monthly during the Area Service H & I meeting. The orientation explains the Do's and Don't's that H & I members must follow when entering a facility.

H & I does not take meetings into facilities. They take presentations of what a meeting is like. It is essential that a clean and clear NA message is passed during the presentations in facilities.



Sanity is published every two months as a service of the New Jersey Region for its Groups and Members. Input and articles are welcome on all recovery related topics through our Regional website at [www.nanj.org](http://www.nanj.org)

**Opinions expressed here are those of individual addicts, not NA as a whole.**

Issues of SANITY can be downloaded from the NJ Statewide Website at [www.nanj.org](http://www.nanj.org)

**Words of Wisdom:** Give back what was given to you.

EDITOR - MD

**Hablas Espanol?** Quieres devolver lo que gratuitamente se te ha dado? La Linea de auxilio de NA necesita voluntarios urgentemente! Por favor, consideralo. Communicate con tu representatante de Informacion Publica en tu Area de Servicio para mas informacion.