



SANITY



Temptation

The Adventures of Nicky Newcomer

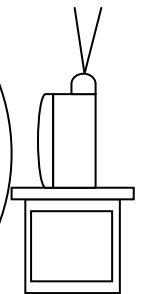


Cookie, I drove through the old neighborhood today. It brought back so many bad feelings. It made me think about when I used. It scared me Cook, I don't want to relapse. I am afraid that might have it planted a seed in me to relapse?



Serenity

What were you doing there Nicky? You know old people, places, and things are danger zones. Now you are a mess. Thank goodness you did not use. You should call your Sponsor.



My Boss is sick and sent me out to the drug store to pick up a prescription for him. I got to thinking about drugs and it was only a few blocks from my old cop neighborhood, so I thought I would drive through to see if anything has changed. The only thing that has changed is me. There was a new generation of addicts hanging on the street just like they used to. It really got me thinking about using though. It scared me.



Call your Sponsor, Nicky. This could turn into disaster.

Sparky my man, I need to talk to you. I am having feelings of using. I was in my old neighborhood today and I did not belong there. I made a big mistake by driving through it. Some days I do such dumb things.

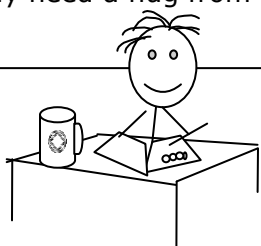


I really had thoughts of using. It scared me Sparky, it really, really scared me. Do you think it planted a seed to relapse in me?

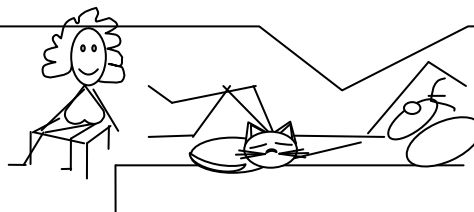
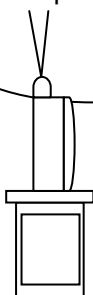


You know better than that! Did you take off your thinking cap? Why would you go to a bad area of town? Thank your Higher Power that you got out of there safely. You better get yourself to a meeting as soon as possible. Meet me at the 7 PM meeting tonight. You need to talk about this and share at a meeting. You also should read Step One about powerlessness. Maybe you should do some writing on the First Step. This is serious stuff, Nicky. We are talking life and death decisions. You really put yourself in danger of relapsing.

Sparky is such a good Sponsor, Cookie. I followed his suggestion and read Step One and I'm writing on it now. Sometimes I let my will take over my thinking and ignore my Higher Power. What a mistake that can be. Step One is so important. I'm going to go meet Sparky at the men's 7 PM meeting. I really need a hug from him.



What luck that the topic of the meeting tonight was relapse. It really hit home with me to hear people talking about their relapsing and how hard it is to come back again. I remember when I came back. It was such a relief to be clean again. I never want to relapse again, but I sure thought about it today. My Higher Power was definitely sitting beside me in the car this afternoon.



Jersey Unity Upcoming Conventions



Ocean Area Convention Shore to Recover VI

June 8, 9, 10, 2012
Berkeley Oceanfront Hotel
1401 Ocean Ave, Asbury Park, NJ 07712
www.convention.oceanj.org

New Jersey Regional Convention XXVII Bridging the Gap

July 6, 7, 8, 2012
Crowne Plaza Hotel
Cherry Hill New Jersey
www.njrcna.com

NENJAC In the Spirit of Unity XVII

November 2, 3, 4, 2012
Renaissance Woodbridge Hotel
Iselin, New Jersey
nenjacregistration@hotmail.com

EDITOR - MD

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