



# SANITY

## What is MEETING ETIQUETTE?

### The Adventures of Nicky Newcomer



Hey Nicky, whatcha reading?

It's the January 11, 2011, NA Way. Sparky loaned it to me.

We've had a lot of rude people at our Homegroup lately texting during the meeting, talking during the meeting, and getting up a lot to leave the room. There is an article in here about meeting etiquette. It's so simple to be polite; I don't understand why people are so rude.

Yeah, I know what you mean. The girl next to me last week texted during the entire meeting. It was so distracting and I know she did not hear the message while she was there.

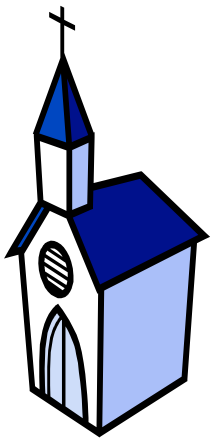
The article suggests that people prepare their coffee before the meeting starts and stay seated during the entire meeting, especially when someone is sharing.

It also mentions that late arrivals should not go around the room hugging their friends during the meeting. They should wait in the back until the speaker is finished and then quietly take a seat.

We can mention it in the announcements, but I don't know what good that will do because addicts are self-centered and like to make their own rules.

Sparky fees that it is the responsibility of their Sponsors to talk to them.

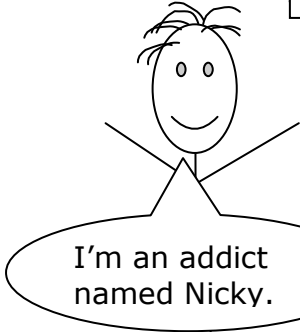
HOLY COW COOKIE, look what time it is! We have to go to our Homegroup. Tonight is our Celebration meeting.



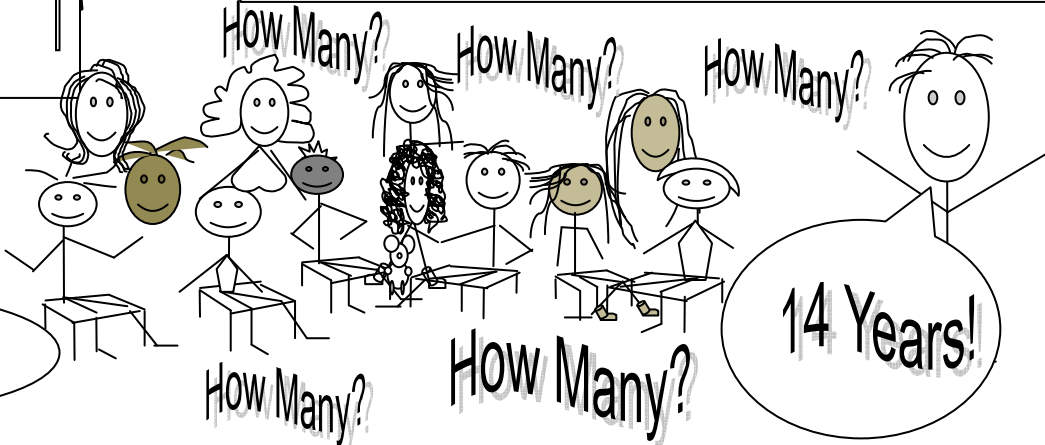
Welcome to the Recovery Now group of NA. May we please have a moment of silence followed by the Serenity Prayer for those who care to join in.



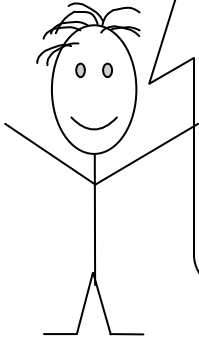
My name is Otto and I'm an addict. Welcome to the Recovery Now Celebration Meeting . . .  
... Is anyone celebrating multiples of years?  
That's two or more in a row?



I'm an addict named Nicky.



## How'd ya do that?



I've stayed clean by going to meetings and doing service work. I'd like to thank my Sponsor, Sparky and my first Sponsor, Ray, who are both here today to celebrate with me. I got married eight months ago to a wonderful woman. That never would have happened if I did not work the Steps and remove my old demons. Cookie keeps me centered and helps me to 'live in the moment' and live 'life on life's terms'.

I've learned that incorporating the Steps in all areas of my life and coming to meetings regularly has made me a better person. Above all, I DON'T HAVE TO USE, NO MATTER WHAT! My gratitude runs deep for the fellowship of Narcotics Anonymous for teaching me to live life without the use of drugs.

My name is Nicky, and I am an addict.

## New Jersey Regional Convention XXVII

JULY 6, 7, 8, 2012  
CROWNE PLAZA HOTEL  
CHERRY HILL, NEW JERSEY

MD

Send input and articles to: [sanity@nanj.org](mailto:sanity@nanj.org)  
Sanity is published every two months as a service of the New Jersey Region for its Groups and Members. Input and articles are welcome on all recovery related topics.

**Opinions expressed here are those of individual addicts, not NA as a whole.**

Issues of SANITY can be downloaded from the NJ Statewide Website at [www.nanj.org](http://www.nanj.org)