

SANITY



NEWSLETTER



Volume 1

Issue 1

January 2017

“Ideas from the past are often incomplete and unsatisfactory. everything we know is subject to revision, especially what we know about the truth”

New Book Available
GUIDING PRINCIPLES
The Spirit of Our Traditions

GETTING OUR HOUSE IN ORDER:

FOR THOSE GROUPS USING PARAPHRASES to help guide their group, it may be helpful to have the source from where materials stem available at group of others to read.

CLARITY/IDENTITY STATEMENT

from **WORLD SERVICE**

BOARD OF TRUSTEES

BULLETIN #13: *Some thoughts regarding our relationship to Alcoholics Anonymous*

(DRUG COURT/IOP)

from **WORLD SERVICE BOARD**

OF TRUSTEES BULLETIN #31:

meeting attendance Cards

Limiting who share in

Meetings

from **WORLD SERVICE**

BOARD OF TRUSTEES

BULLETIN#29: *Regarding*

Methadone and Other Drug

Replacement Programs

This newsletter is the product of the New Jersey Regional Service Conference. We would appreciate any support from those that have some artistic quality that can be printed to help further carry our message. This newsletter has incorporated something new to this issue that we hope will help those that that may still be baffled. We have a section called “Professor” Anonymity. For anyone with questions or would love to provide an experience. On some H&I commitments that members attend, they been noticing that

YET IT IS OFTEN THE LONE VOICE, OFFERING NEW INFORMATION OR A UNIQUE PERSPECTIVE ON THINGS, THAT SAVES US FROM HASTY OR MISINFORMED DECISIONS.
(CONCEPT 9)

many people still have many questions that are being presented at those sessions. We hope that this article will be a healthy inclusion to our newsletter. When writing the below address, please place your attention to “Professor” Anonymity. We are working on our guidelines and additional submission to other newsletter at our February 21, 2017 meeting within that Ocean County Library (Toms River), 101 Washington St., Toms River, NJ 08753, (609) 241-5877

2pm—4pm

Upstairs within the Hecht meeting room. Please come out and support

ON OCTOBER 22, 2016 THE GREATER ATLANTIC AREA HOSTED A LEARNING DAY. THIS LEARNING DAY OFFERED INFORMATION ON PUBLIC INFORMATION/RELATIONS, HOW TO BE A GSR, AND HOSPITALS AND INSTITUTIONS. THERE APPEAR TO BE A HUGE APPEAL TO A WORKSHOP OF THIS NATURE. MANY THAT ATTENDED ASKED WHEN WOULD THERE BE ANOTHER. OTHERS THAT DID NOT ATTEND ASKED WHEN WOULD ANOTHER WORKSHOP BE SCHEDULED.

MEMBERS APPEAR TO COVER EVERY AREA OF THEIR TOPIC (UNBIASED) IN THE SHORT

GREATER ATLANTIC CITY AREA LEARNING DAY: Great Success.

Restored faith in our services has refreshing appeal to most that attended. Many calling on a replication

service must be motivated by the desire to more successfully carry the message (Pg. Xxv Introduction of Basic text)

AMOUNT OF TIME ALLOT. THE PRESENTATION BROUGHT HUMOR AS WELL.

ADDITIONAL THANKS TO: **CAPE ATLANTIC AREA; UNITY AS A MUST:** (PI, H&I, CHAIR); (FORMER) **REGIONAL POLICY CHAIR** (CURRENT REGIONAL WEBSITE); **GREATER ATLANTIC CITY AREAS'S:** PI CHAIR , H&I CHAIR, POLICY (CHAIR & VICE CHAIR) AND (FORMER) AREA CHAIR

NOTABLE SUPPORTERS

SHERRONE, SHAO(?)

We welcome all addicts to submit original articles about anything NA or recovery related (steps, traditions, sponsorship, experiences, etc.). We will accept writings, drawings, poems or any other media. Please keep all submissions “family friendly”, anonymous and within

the guidelines of our traditions. Please send your entry to:

Sanity Newsletter,
P.O. Box 4641 Toms River, NJ 08754 or
hot.talent@hotmail.com

"Professor" Anonymity

Hello. My name is "'Professor" Anonymity". We've chosen the pen name, "'Professor" Anonymity" for several reasons. Primarily because of the collective recovery and experiences, We prefer to remain anonymous but ultimately it is to offer a non-gender specific, unprejudiced viewpoint to my readers. It has come to our attention that there are a lot of misconceptions surrounding addiction, the program, and recovery itself. We want our readers to feel free to ask any questions they have concerning this delicate subject without fear of judgment or embarrassment.

If you're wondering about it; We guarantee there are others wondering about it too!

The questions just need to be asked and We will attempt to answer them not based solely on our knowledge and experience also on the knowledge and experience of countless others, and the collective conscious, if you will. Our resources are far and wide, this passion runs deep and We have access to some of the greatest minds the recovery field has ever known.

Early recovery can be a very confusing time and even though we were told to "stick around until it makes sense" I'm sure a lot of

"Good will, the ground of both the Fellowship and the members of our society. Good will is best exemplified in service; proper service is "Doing the right thing for the right reason." When Good will supports and motivates both the individual and the Fellowship, we are fully whole and wholly free
Basic text—Symbol

people don't and I'm sure even more people won't until this confusion is cleared up. We don't want this to be an advice column as advice is rarely taken and seldom wanted. Instead We will seek to guide people, provide resources, make connections, offer solutions and alternatives and ultimately help our readers find the proper direction that they need. Addiction is a touchy subject but it affects almost everyone on this planet in one form or another.

Most people are either too embarrassed or ashamed to ask the questions they are confused about. That is why we have chosen this question and answer forum, to provide a place where people can anonymously ask the questions and clear up the confusion that, they and millions of others want the answers to but are too afraid to ask. The recovery rate has dropped to an alarming depth and someone is picking up their drug (alcohol is a drug) right now. Send us your questions and we will answer them with all the resources at my disposal. Recovery is possible if the right steps are taken. Finding those steps is where most people get lost. Let us offer you some alternatives (since there is no model for the recovering addict), so, we may save a life or two in the process.

attn. "Professor" Anonymity, P.O. Box 4641 Toms River, NJ or "hot.talent@hotmail.com" 08754

Saturday February 4, 2017

Ocean Area Fundraiser
Texas Hold Em Tournament
Time 6:30 Price \$15
St Barnabus Church
33 Woodland Rd
Bayville, NJ
<http://www.ocanj.org/shore-recovery>
ix

March 3, 4, 5, 2017

Cape Atlantic Area of NA
Pearl Of Recovery 27
Stockton Seaview Hotel
401 S New York Rd
Galloway, NJ 08205
<http://pearlofrecovery.com/>

March 10,11, 12, 2017

CAPITAL AREA NJ CONVENTION XV
"THE JOURNEY CONTINUES"
Sheraton Hotel Bucks County,
400 N Oxford Valley Rd
Langhorne, PA 19047 <http://www.capitalareaofna.org>

August 4, 5, 6, 2017

NJRCNA XXXII,
PO Box 134
Fords, NJ 08863
Win drawing for full registration package including two night stay at hotel. Tickets \$5

**The Westin Princeton at
Forrestal Village
201 Village Boulevard
Princeton NJ**

More details@ NJRCNA.COM

OUT OF STATE

February 3, 4, 5, 2017

BCACNA X
THE WAR IS OVER
Sheraton
400 N Oxford Valley Rd
Langhorne, PA 19047
<http://www.bcana.eparna.org/>

April 21 – 23, 2017

CPRCNA XXXI – A Spiritual Journey
Roland E. Powell Convention Center
4001 Coastal Highway
Ocean City, MD 21842
<http://cprcna.webflow.io/>

June 16-18, 2017

GPRCNA XXIX
"Freedom With No Limits"
Crowne Plaze Hotel
2349 West Marlton Pike
Cherry Hill, NJ 08002
<http://naworks.org/events/convention-2/>

30 August to 2 September, 2018

WCNA 37
Orange County Convention Center,
Orlando, Florida
Labor Day Weekend,
STAY UPDATED
<http://www.na.org/?ID=wcna-index>